# November 2015 November 2015 FROM YOUR PEER LIAISON



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## I UNDERSTAND... I AM A FOSTER PARENT TOO

IFAPA recognizes that foster parents often need the perspective of peers during the foster parenting and adoption experience.

I can provide support and assist you with questions regarding:

- Licensing requirements
- Training needs
- Respite care
- Behavior challenges
- Working with birth families
- Confidentiality issues
- And much more!



## **November is National Adoption Awareness Month!**

National Adoption Day is a collective national effort to raise awareness of the more than 100,000 children in foster care waiting to find permanent, loving families. A coalition of national partners – Dave Thomas Foundation for Adoption, Congressional Coalition on Adoption Institute, The Alliance for Children's Rights and Children's Action Network – sponsor National Adoption Day. <a href="http://www.nationaladoptionday.org/">http://www.nationaladoptionday.org/</a>

National Adoption Day will be celebrated on November 21, 2015. On this day, a number of courts and communities in the United States will come together to finalize thousands of adoptions of children from foster care. More than 300 events are held each year on the Saturday before Thanksgiving in November, in all 50 US states, the District of Columbia and Puerto Rico to finalize the adoptions of children in foster care. In total, more than 40,000 children have been adopted from foster care on National Adoption Day. National Adoption Day was started in 2000 by a Coalition of national partners. (With material from: Wikipedia) This text has been taken from <a href="https://www.cute-calendar.com">www.cute-calendar.com</a>

#### **Events in Iowa**

Join Iowa KidsNet, DHS, and IFAPA for a National Adoption Month proclamation signing on November 3<sup>rd</sup> at 11:30-11:40 am at the Iowa Capitol! Formal signing will be held in the Governor's Formal Office on the 1st floor, Room 109. Please arrive 15 minutes early.

(Please note—this will be a brief event and photo opportunity lasting between 5-10 minutes Governor Branstad will sign a formal proclamation declaring November as National Adoption Month in the state of Iowa.

The <u>Des Moines</u> Model Court will be celebrating its 16th Annual Adoption
Saturday on November 7 at 8:30 a.m. at the Polk County Courthouse in downtown
Des Moines! Judges and court personnel, DHS, Iowa KidsNet, and other
community partners will be donating their time to make over two dozen foster
kids part of a forever family.





## NEWS FROM YOUR IFAPA PEER LIAISON

### To register for a training:

Call IFAPA at 800-277-8145 ext. 1 or REGISTER HERE.

Date & Time	Name of Training	Credit	Location
<b>Saturday, Nov. 7, 2015</b> 9am- 12:15pm	Facilitating Attachment in Foster and Adopted Children	3 hours	Ankeny IFAPA Training Center 6864 NE 14th St, Suite 5A
<b>Saturday,</b> <b>Nov. 7, 2015</b> 1:30pm- 4:45pm	The Good Enough Parent: Promoting Mental Health in Young Children	3 hours	Ankeny IFAPA Training Center 6864 NE 14th St, Suite 5A
<b>Saturday Nov. 14, 2015</b> 9am-4:30pm	Domestic Minor Sex Trafficking and Its Impact on Children in Care	6 hours	Ankeny IFAPA Training Center 6864 NE 14th St, Suite 5A
Saturday, Nov. 21, 2015 9am- 12:15pm	Mandatory Child Abuse Reporter Training	3 hours	Ankeny IFAPA Training Center 6864 NE 14th St, Suite 5A
Saturday, Nov. 21, 2015 1:15pm- 5:30pm	CPR & First Aid For registration options, <u>click here</u> . To avoid late fees pay by Nov. 6	4 hours	<b>Ankeny</b> To be announced

#### **PLEASE NOTE:**

IFAPA will not be offering any trainings during the month of December.



## **Fall Crafts & Activities**



All you need is paint and a paint brush!

## How to dye corn kernels:

- 1. Partially fill a cup, container, or plastic baggy with water.
- 2. Add vinegar to the water (a tablespoon or so).
- 3. Add desired amount of food coloring to the water/vinegar mixture. Swish to distribute color. I used about a tablespoon for every cup or two of corn.
- 4. Add corn kernels to the container/baggy. Make sure the liquid completely covers the corn.
- 5. Allow to sit for a few hours. I let mine sit overnight.
- 6. Remove corn kernels using a slotted spoon.
- 7. Let corn dry completely.



Here are some of the FUN activities and projects we've done using our dyed corn kernels:

- ✓ Colorful Corn Mosaics
- ✓ Sweet-Smelling Candy Cane Sensory Play
- ✓ Christmas Contact Paper Art – A Seasonal Sticky Table