

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

40 Developmental Assets: Increasing Positive Factors in Youth

The 40 Development Assets help families to identify protective factors for youth of all ages. This workshop will help families recognize ways in which they can support the young people in their families live happy and healthy lives. Participants will be given practical tools and ideas of easy things they can incorporate into their everyday lives to empower the youth in their family. Additionally, participants will learn about family meetings and how they can be a useful strategy for family management.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Bobbie Jo Sheridan, LBSW

Bobbie Jo Sheridan is a Licensed Bachelor Social Worker and Certified Health Education Specialist who works in a diverse Elementary School. Bobbie Jo has spent many years working with youth and families to help build positive assets. In addition, she had volunteered with many youth serving organizations. Bobbie Jo received her B.A. in Social Work from UNI and her Masters in Health Education and Promotion from Walden University.



HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

