IFAPATRAINING

for foster, adoptive and kinship parents and workers

Attachment -

What Does It Really Mean?

The word attachment is thrown out a lot in the foster care system; however, it is often misunderstood. We will discuss what attachment is and the different kinds of attachment, discuss Reactive Attachment Disorder (RAD), other attachment issues and finally explore the process by which attachment is created.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Joann Seeman Smith, Ph.D., LMHC

Dr. Joann Seeman
Smith is a Licensed
Mental Health
Counselor who
specializes in
diagnosis, and
treatment of children
and adolescents with



attention-deficit disorder, learning disabilities, autism-spectrum disorders, behavior problems, depression and bipolar disorder, anxiety, and adjustment difficulties due to abuse, bereavement, or divorce. In addition to standard short-term and traditional talk therapies, Dr. Seeman Smith has expertise in using play therapy approaches with children, teens, and families, including children and families with attachment-based difficulties.

HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, <u>complete our registration form</u>. IFAPA will follow-up within two business days to confirm your enrollment.

