



## **IFAPA TRAINING**

### **Fostering Hope and Attachment with Youth in Foster and Adoptive Families**

*(6 hrs credit)* - This training will strengthen our understanding of why detachment and hopelessness “make sense” as survival strategies, and will empower foster and adoptive parents with concrete, practical tools we can use with our youth across the developmental spectrum—from infants to teens. These practices support children and youth in strengthening their ability to attach emotionally to individuals, families, groups, and the community—and enhance our success with all the children and youth in our lives. As attachment and connections grow, hope will flourish.

#### **Trainers: Lois Smidt & Krista McCalley**

Lois Smidt is a community organizer, educator, and consultant to child protective and foster care systems internationally, including Iowa Community Partnerships for Protecting Children, and Iowa Youth Dream Teams. Krista McCalley is a Foster and Adoptive Care Alumni, Elevate leader, and consultant to Iowa Youth Dream Teams and other efforts to attach transitioning youth from foster care to community resources.

## **HOW TO REGISTER FOR A CLASS**

### **REGISTER VIA PHONE**

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### **REGISTER ON OUR WEBSITE**

To sign-up for training class through our website, complete our online registration form: [www.ifapa.org/training/training\\_registration\\_form.asp](http://www.ifapa.org/training/training_registration_form.asp). IFAPA will follow-up within two business days to confirm your enrollment in the class.