

# IFAPA TRAINING

for foster, adoptive and kinship parents and workers

## Supporting Healthy Attachment Across the Developmental Spectrum

This course will empower foster and adoptive parents with concrete, practical tools as well as explore attitudes and values we can use with our youth across the developmental spectrum - from babies (including in utero) to teens and young adults. Brain research from a variety of disciplines will be presented to enhance our understanding and validate the practices. There is much we can do to empower our ability to attach emotionally to individuals, families, groups, and the community—and to enhance our connection and success with all the children and youth in our lives.

**Approved for 6 Hours of Foster Parent Credit**

## About the Trainers:

### Lois Smidt & Krista McCalley

Lois Smidt is a community organizer, educator, and consultant to child protective and foster care systems internationally, including Iowa Community Partnerships for Protecting Children, and Iowa Youth Dream Teams.



Krista McCalley is an alumni of care who advocates for the rights of all youth. She is well-versed in the needs of youth across the developmental spectrum. Since 2006, Krista has helped pass several laws within the state and federally. She travels nationally to educate foster parents, youth, and professionals of child welfare on key tools to transition and foster attachment with youth of all ages.



## HOW TO REGISTER FOR THIS CLASS

### REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### REGISTER ON OUR WEBSITE

To sign-up for a class through our website, complete our online registration form: [www.ifapa.org/training/training\\_registration\\_form.asp](http://www.ifapa.org/training/training_registration_form.asp). IFAPA will follow-up within two business days to confirm your enrollment in the class.

