IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Get the Real Hook-Up:

Teens and Technology

Ninety-three percent of teens use the internet! But, what are they doing on the internet? This training will discuss what technology and social media sites tweens and teens are using including the mainstream sites like Facebook and Twitter, but also navigating popular apps like Snapchat, Instagram, Kik, Yik Tak and Vine. This session will also look at cyberbullying and ways parents can help to prevent this. Participants will also discuss sexting and the implications for tweens and teens. In addition participants will learn about setting technology ground rules within their home.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Bobbie Jo Sheridan, LBSW

Bobbie Jo currently works as the Training Coordinator for EyesOpenIowa. She previously worked at Employee & Family Resources and specialized in substance abuse prevention. Bobbie Jo graduated from the University of Northern Iowa with a

degree in Social Work and minor in Criminology. Bobbie Jo has worked in prevention since January 2009, including teen pregnancy prevention and tobacco prevention and cessation.



HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE To sign-up for a class through our website, complete our online registration form: <u>www.ifapa.org/training/training_registration_form.asp</u>. IFAPA will follow-up within two business days to confirm your enrollment in the class.

