## IFAPATRAINING

for foster, adoptive and kinship parents and workers

# What Are You Trying to Tell Me? - Responding Effectively to Troubling Behaviors

Youth who have experienced the traumas of neglect and abuse often demonstrate one or more behaviors that can compromise the safety and serenity of our home environments, and jeopardize the safety of the youth themselves. Behavior is a form of communication, and even extreme behaviors are grounded in the human will and need to survive, even when on the surface the behavior is counter-productive. We will learn about and practice "trauma informed consequences," that not only address the superficial behaviors, but help us and the youth "decode" what is being communicated through their behavior, and develop healthy productive ways to identify and meet their needs.

Approved for 6 Hours of Foster Parent Credit

#### About the Trainers:

#### Lois Smidt & Krista McCalley

Lois Smidt is a community organizer, educator, and consultant to child protective and foster care systems internationally, including Iowa Community Partnerships for Protecting Children, and Iowa Youth Dream Teams.



Krista McCalley is an alumni of care who advocates for the rights of all youth. She is well-versed in the needs of youth across the developmental spectrum. Since 2006, Krista has helped pass several laws within

the state and federally. She travels nationally to educate foster parents, youth, and professionals of child welfare on key tools to transition and foster attachment with youth of all ages.



### HOW TO REGISTER FOR THIS CLASS

#### **REGISTER VIA PHONE**

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

#### **REGISTER ON OUR WEBSITE**

To sign-up for a class through our website, <u>complete our registration form</u>. IFAPA will follow-up within two business days to confirm your enrollment.

