

AUGUST 7, 2018

AUGUST 18

is IFAPA's
**ADVENTURELAND
 FUN DAY!**

**JOIN US AND GET
 TICKETS AT CLOSE TO
 HALF PRICE!**

EVERYONE WHO ORDERS TICKETS
 WILL BE ELIGIBLE FOR PRIZES
 INCLUDING AN IFAPA PICNIC
 BASKET, LUNCH BAGS, T-SHIRTS
 AND MORE...

Have You Ordered Your
 Adventureland Tickets Yet?

ORDER TICKETS ONLINE

UPCOMING IFAPA TRAININGS AVAILABLE

Saturday, Aug 11, 2018 (9am-12:15pm)	<u>The Brain: Normal Development Versus Brain After Trauma</u> Joann Seeman Smith, PhD	3 hours	Council Bluffs IIWCC
Saturday, Aug 11, 2018 (1:15-4:30 pm)	<u>The Magic of Healing the Brain and Fostering a Secure Attachment</u> Joann Seeman Smith, PhD	3 hours	Council Bluffs IWCC
Saturday, August 25, 2018 (9am-12:15pm)	<u>Why Don't Friends Come With Instruction Manuals</u> (Summer Brunscheen, PhD)	3 hours	Ankeny IFAPA Training Cntr 6864 NE 14th St, Suite 5
Saturday, August 25, 2018 (1:15-4:30 pm)	<u>It's All Greek to Me - Learning Disorders</u> Summer Brunscheen, PhD	3 hours	Ankeny IFAPA Training Ctr 6864 NE 14th St Suite 5
Saturday, Sept 29, 2018 (9am-12:15pm)	<u>"Don't Worry About It!" - Anxiety, Panic, and OCD: What's really going on</u> (Matthew Hiveley, Ph.D.)	3 hours	Ankeny IFAPA Training Cntr 6864 NE 14th St, Suite 5
Saturday, Sept 29, 2018 (1:15 - 4:30 pm)	<u>"Don't Worry About It!" - Anxiety, Panic, and OCD: What you can do</u> (Matthew Hiveley, Ph.D.)	3 hours	Ankeny IFAPA Training Ctr 6864 NE 14th St , Suite 5

[Click Here to go to the Training Registration Page](#)

DEAR TEACHER,

PLEASE REMEMBER BEHAVIORS THAT SEEM SELFISH, IMPULSIVE, DISRUPTIVE OR DISHONEST MAY BE SURVIVAL SKILLS THAT ONCE KEPT ME SAFE.



REMEMBER:
Everyone in the classroom has a story that leads to misbehavior or defiance. 9 times out of 10, the story behind the misbehavior won't make you angry.

CHILD TRAUMA TOOLKIT FOR EDUCATORS

A child's reactions to trauma can interfere considerably with learning and/or behavior at school. However, schools also serve as a critical system of support for children who have experienced trauma. The National Child Traumatic Stress Network developed *The Child Trauma Toolkit for Educators* to provide school administrators, teachers, staff, and concerned parents with basic information about working with traumatized children in the schools.

[VIEW TRAUMA TOOLKIT FOR EDUCATORS](#)

[VIEW IFAPA'S EDUCATORS MAKING A DIFFERENCE - ADOPTION, FOSTER CARE AND KINSHIP CARE IN THE SCHOOL SETTING BOOKLET](#)

To request a printed copy (or multiple copies) of IFAPA's Educator booklet, email your name and address to ifapa@ifapa.org.

FINDING HOPE IN THE TENSIONS OF FOSTER CARE AND ADOPTION

The journey of foster care and adoption is an incubator of seemingly competing emotions, feelings and experiences - none of which are felt lightly or quickly. The tension of everything seeps that much deeper and lingers that much longer.

The joy of loving and the heartache of letting go. The thrill of adopting and the grief of all that's been lost. The confusion in the wake of brokenness and the clarity in the face of redemption. The uncertainty of what's to come and the sure hope in the One who is sovereign and in control over all of it. A constant of chaos only punctuated by moments of calm, it seems.

The tensions run deep. They reach into places and parts of you that you did not know existed - and force you not just to acknowledge them, but to embrace them. To go there in yourself, not just for the sake of these kids, but for your sake as well. The crevices in their stories expose the cracks in yours. Their heartache reveals your hurt. Their loneliness exposes your need for belonging. The anguish over all they've lost in their life reveals the apathy you have towards all that you've acquired in yours

Success in foster care and adoption is not learning how to minimize the hard and maximize the good. It's not determined by your ability to avoid the difficult things and only live in the ideal ones. Instead, it's the process of continually discovering how to navigate the tension of both simultaneously - as equally true and real at all times - the good and the bad, the ugly and the beautiful, the "this is what we hoped for" and the "this isn't what we signed up for". This is where hope is ultimately found. [Click Here to Continue](#)

VIOLENCE IS JUST ONE PART OF CHILDHOOD TRAUMA

By Jane Ellen Stevens

Violence is just one among many types of childhood trauma. The ACE Study found that violence is not more - or less - damaging than divorce, living with a parent who's an alcoholic, being yelled at nearly every day of your childhood, or emotional neglect. Just as important, it rarely happens alone. If a child is experiencing violence, there's usually some other type of trauma happening, too.

In fact, the entire approach to preventing violence against children - by focusing on only one type of trauma, by focusing on the child and ignoring the parents or caregivers, by ignoring the toxic stress imposed on the child and family by traumatizing systems - is so outdated that pioneers in this arena compare our current approach to a never-ending game of Whac-A-Mole.

They propose a completely different approach, one that focuses on creating and growing resilient children, families, organizations, systems and communities. It's an approach that moves from blame, shame and punishment, to understanding, nurturing and healing. **[CONTINUE READING](#)**