

JUNE 26, 2018



HOW TO EXPLAIN YOUR KID'S **Outbursts** TO OTHERS

Do you have grandparents, siblings, relatives and other adults (coaches, neighbors, friends) who struggle understanding your behaviorally challenged child? In this two minute video, Ross W. Green, PhD, Psychologist and Author of *The Explosive Child* assists parents with explaining your child's outbursts to others who are more familiar with traditional discipline techniques.

"Making things worse isn't going to make things better." -- Ross W. Green, PhD

[CLICK HERE FOR RESOURCES](#)

ADDITIONAL VIDEOS

What Your Kid Really Means When They Say "Go Away! I Hate You!" (Ross W. Green, PhD)

When Your Emotionally Disturbed Child Triggers Your Own Issues (Gregory Keck, PhD)

How to Deal When Your Adopted Child Pushes You Away (Gregory Keck, PhD)

Why Your Adopted Child May Be Prone to Lying (Gregory Keck, PhD)

Adopted Kids and Control Issues (Gregory Keck, PhD)

Hoarding and Hiding Food (David Brodzinsky, PhD)

Adoptive Attachment and Affection Toward Strangers (David Brodzinsky, PhD)

Adopted Child Says You're Not His or Her Real Family (David Brodzinsky, PhD)

♥ ATTACHING ♥

Through Love, Hugs, and Play

Written By Deborah D. Gray

Using fun and games to connect with your child can reduce stress for both of you and lead to a secure, enjoyable relationship. A leading attachment therapist explains playful yet powerful ways to build lasting bonds.

[READ ARTICLE](#)

(Source: Adoptive Families Magazine)

IFAPAS APPRECIATION DAY!

IFAPA's Appreciation Day for Iowa's foster, adoptive and kinship families will be held at Adventureland Park in Altoona on Sat., Aug. 18th.

FAMILY TICKETS: \$26 per ticket for all immediate foster and adoptive family members ages 4 and older living in your home. All children under age 3 are FREE!

GUEST TICKETS: \$29 per ticket for other family members (not living in your home) or friends.

[ORDER TICKETS ONLINE](#)



Foster Care...

Inspiring Potential in All of Us

By Rhea Perlman, Actress and Advocate for Children

With over 400,000 children in the foster care system today it's often difficult for children over thirteen to get out of the system and into a "forever" home. Gloriously, some do succeed.

With that in mind, I'd like to introduce the story of Mary Lee who beat those odds and how her story can help us think about think differently about children in foster care.

It's all about potential. The potential of foster youth. The potential for a successful system.

At age 12 Mary entered the foster care system, and she threw herself into school - the one place that had always been a safe haven for her. As she got older, Mary struggled to find a balance between pursuing a higher education and finding a forever family. She was met with negative feedback, but Mary was eager to accomplish both her dreams. She had potential and nothing was going to stand in her way!

[CONTINUE READING](#)

The Foster Family Honeymoon Is Over

By Meghan Moravcik Walbert

I hear a bedroom door click and creak open upstairs. "Hello, Mommy? Can I come down?" My four-year-old son, Ryan, asks the question in a loud stage whisper. Ryan knows that BlueJay, his three-year-old foster brother, is still napping in the bedroom next door. "Yes," I shout-whisper up to him from the living room. "Come down. I miss you."

Ryan bounds downstairs and climbs onto the couch and into my lap. We talk about the morning, which was a hard one. It was a morning full of tantrums, loud voices and disrespectful words. "We need to help BlueJay," I say quietly. "What could we do to help him learn?"

"Maybe we could teach him great things," Ryan says, looking up at me with bright eyes. "Yes," I say. "Maybe we could teach him great things."

The honeymoon, as they say, is over. We are seven weeks past welcoming BlueJay into our family, but suddenly, after weeks of mostly peace, each day has started to seem like a struggle bigger than the one before it.

We had been warned about this. We had been told it is common for foster children to be on their best behavior for the first few weeks or months. Then, right when you think you are in a real groove, things unexpectedly change.

[CONTINUE READING](#)

