

# IFAPA TRAINING

for foster, adoptive and kinship parents and workers

## Calming the Trauma Storm - Part 1

Most people don't understand how hurt some of the children and adolescents can be when trauma has been such a big part of their past and present. They oftentimes blame it on the foster, pre-adoptive, adoptive parents and their ineffective parenting skills, especially the mom. This "trauma storm" that these kids can cause seems to suck people under, change families, triangulate people, and cause desperation. During this training, basic formation about complex developmental trauma and attachment difficult children and adolescents will be covered. The importance of the ACE's study and how it effects the entire child will be emphasized. The course will then shift into where the trauma storms can be and what can be done to lessen the power of the storm: a storm with the child, with the spouse or caregivers, with relatives, with neighbors, with DHD, with other siblings, and with the school. The training will cover and strategies that will help counteract the intensity, the frequency, and the duration of the "trauma storm".

## Calming the Trauma Storm - Part 2

Part Two will go into more specific "do's and don'ts" when working with traumatized foster, pre-adoptive, adopted children and adolescents. Since strategies that were used on biological and other foster children don't seem to work, more effective ideas will be presented. Reactive Attachment Disorder will be covered since so many don't understand its power. Evidence based therapies which are designed to help complex traumatized and RAD children will be given. Then Part Two will shift into the importance of working with the school and making sure that they are on board. The training will cover information that can be used by foster, pre-adoptive, adoptive caregivers and parents on how learning can be impaired. Most teachers have huge hearts and want to help, but they don't know the impact of the trauma storm.

### Each Approved for 3 Hours of Foster Parent Credit

It is encouraged to attend both trainings in succession, but is not required and can be attended individually.

## About the Trainer:

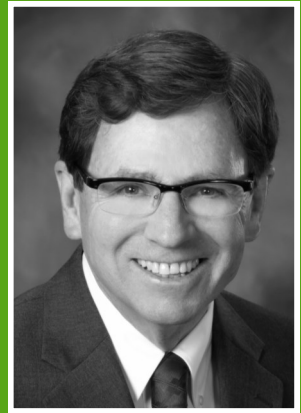
Marty Wallace, LMHC

Marty Wallace is a child, adolescent, and young adult therapist and attachment, trauma, bonding specialist from the Creative Living Center in Rock Valley, Iowa. Marty has

trained with some of the most prestigious attachment experts in the United States.

Marty is a well-known speaker and trainer for IFAPA and trains throughout the Midwest on attachment and

trauma. He also works extensively with families who adopt domestically or internationally. Marty is a registered play therapist supervisor and licensed mental health counselor. He has been an adjunct professor at the University of South Dakota. Working with insecurely attached clients is one of Marty's passions.



## HOW TO REGISTER FOR THIS CLASS

### REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

