

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Don't Give Up On Me

There are many issues that contribute to foster placement failure and a great deal of those issues can be resolved by information and understanding. This session will look at how trauma influences the child, affects his feelings and produces behaviors that are challenging. It will provide insight in the complicated relationship between feelings and the child's choices. We will learn how identifying feelings and allowing the child to express his feelings can contribute to defused anxiety and can contribute to the de-escalation of out of control behavior. This session will examine the complications of multiple placements for children and help participants identify ways that they problem solve so that the placement can be maintained.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Christy Meyer

Christy Meyer is a retired mental health professional who has 14 years of experience working with foster children, foster parents and their families. Christy has been a foster parent of 11 at risk teens. She has extensive experience working with at risk youth and their families. She was the lead therapist in a whole family foster care experience which successfully reunited 6 children and their parents. She has experience working helping foster parents and biological parents work cooperatively for the best outcome for the child. Christy has a passion for improving communication and boundary setting with children by improving listening and understanding. She understands there is a strong need to help children identify and articulate their feelings. If a child feels safe and understood that child is able to improve his ability to trust which is a key part of developing healthy coping skills.



HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

