

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Parenting the Willful Child - Helping Your Child Use Their Power for Good and Not Evil

Being willful is often seen as a bad thing. Being willful, actually, often leads to being self-motivated and determined. This class will focus on parenting strategies for children who are often seen as “difficult”. We will discuss the importance of moving away from trying to “break” their will and joining with them in a positive relationship. We'll explore giving appropriate choices and avoiding power struggles. Parenting a willful child can be frustrating, but our goal is to try to work with the child's strengths instead of against them.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Joann Seeman Smith, Ph.D., LMHC

Dr. Joann Seeman Smith is a Licensed Mental Health Counselor who specializes in diagnosis, and treatment of children and adolescents with



attention-deficit disorder, learning disabilities, autism-spectrum disorders, behavior problems, depression and bipolar disorder, anxiety, and adjustment difficulties due to abuse, bereavement, or divorce. In addition to standard short-term and traditional talk therapies, Dr. Seeman Smith has expertise in using play therapy approaches with children, teens, and families, including children and families with attachment-based difficulties.

HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

