



## **IFAPA TRAINING**

### **Sugar, Spice & Everything nice...(Ya, Right!): Raising Girls**

*(3 hrs credit)* - Do you ever feel like one minute you know the girls in your home like the back of your hand and the next minute you know nothing? Perhaps you are grateful to know nothing! This training will give you the opportunity to learn how girls of all ages operate. We will take a look at girls and their world, thinking, behaviors, motivations and payoffs. We will focus on strengthening communication skills and ways to encourage girls in our care to be strong and independent while building a connection with us as parents. **Trainer: Ruth Buckels, LMSW**

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Ruth is the Project Manager for the Youth & Shelter Services' AMP Program. She has been a foster-adoptive parent since 1988 and transitioned over 60 teens into permanency. Ruth has worked on behalf of Iowa's Youth since 1985. With a background in policy-making, therapy, in-home and recruitment/licensing/retention, there is no part of foster care or adoption she has not experienced. She currently offers support services to various homes through Iowa KidsNet and she is an adjunct professor at DMACC in addition to parenting biological, foster and adopted children.

## **HOW TO REGISTER FOR A CLASS**

### **REGISTER VIA PHONE**

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### **REGISTER ON OUR WEBSITE**

To sign-up for training class through our website, complete our online registration form: [www.ifapa.org/training/training\\_registration\\_form.asp](http://www.ifapa.org/training/training_registration_form.asp). IFAPA will follow-up within two business days to confirm your enrollment in the class.