

AUGUST 16, 2011

INSPIRATIONAL QUOTES ABOUT CHILDREN

Here are some inspirational quotes to help us all remember the important roles that all parents (foster, adoptive, biological & kinship) have on our children and their futures...

- ♥ **I've learned that people will forget what you said and what you did, but people will never forget how you made them feel.** - Maya Angelou
- ♥ **If you want your children to improve, let them overhear the nice things you say about them to others.** - Haim Ginott
- ♥ **Children are great imitators. So give them something great to imitate.** - Anonymous
- ♥ **The best inheritance a parent can give to his children is a few minutes of their time each day.** - M. Grundler
- ♥ **Children are likely to live up to what you believe of them.** - Lady Bird Johnson
- ♥ **Children are the living messages we send to a time we will not see.** - John W. Whitehead
- ♥ **Children will not remember you for the material things you provided, but for the feeling that you cherished them.** - Richard L. Evans



TRANSRACIAL PARENTING RESOURCES



RACE AND IDENTITY IN TRANSRACIAL ADOPTION: Suggestions for Adoptive Parents

The August 2011 issue of the National Council for Adoption's *Adoption Advocate*, written by transracial adoptee Nicole Callahan, provides a discussion of some of the issues in transracial adoption, including the racial and cultural identity of transracial adoptees, the need for adoptive parents to help their child explore his or her heritage, and potential ways for families to address and talk about ignorance, prejudice, and racism. The article includes practical suggestions for prospective adoptive families as well as those already parenting transracially adopted children. Read this issue online at:

https://www.adoptioncouncil.org/images/stories/documents/nca_adoption_advocate_no38.pdf

FREE BOOKLET FROM IFAPA: Transracial Parenting in Foster Care & Adoption Strengthening Your Bicultural Family

This guidebook was created by IFAPA to help parents and children in transracial homes learn how to thrive in and celebrate their bicultural family; and for children to gain a strong sense of racial identity and cultural connections. This booklet contains information on what it means to be a transracial family, how to connect your child to their culture, answering tough questions, cultural resources and much more!
To request a free copy (or copies) of IFAPA's Transracial Parenting booklet, please e-mail Crystal at cthomason@ifapa.org.



IFAPA Appreciation Day
Saturday, August 27, 2011 - Altoona, IA

IFAPA will be hosting our annual day of fun at Adventureland for foster, adoptive and kinship families. Discount tickets are available to purchase (via credit card, check or money order) through IFAPA. **DEADLINE: All ticket orders must be postmarked on or before Friday, August 19th.** Order tickets at: www.ifapa.org.

It's Not too Late to Order IFAPA T-Shirts!

You can place your order online with a credit card, mail in your order or buy them at our Adventureland Event. Find more info at: www.ifapa.org.

September Trainings

TO REGISTER FOR A CLASS: Call 800-277-8145 ext. 1 or register through our website: www.ifapa.org/training/training_registration_form.asp.

Date & Time	Name of Training	Credit	Location
Sept. 10, 2011 8am-12:15pm	CPR & First Aid To register for CPR visit: http://www.ifapa.org/training/documents/CPRFirstAidRegForm.pdf	4 hours	Ankeny To be announced
Sept. 10, 2011 1:15pm-5:30pm	CPR & First Aid To register for CPR visit: http://www.ifapa.org/training/documents/CPRFirstAidRegForm.pdf	4 hours	Ankeny To be announced
Sept. 10, 2011 12pm-4:15pm	CPR & First Aid To register for CPR visit: http://www.ifapa.org/training/documents/CPRFirstAidRegForm.pdf	4 hours	Dubuque To be announced
Sept. 10, 2011 9am-12:15pm	Caring for Children with HIV Read training description: http://www.ifapa.org/training/documents/TDCaringforChildrenwithHIV.pdf	3 hours	Fort Dodge IA Central College
Sept. 10, 2011 1:30pm-4:45pm	Special Education Basics Read training description: http://www.ifapa.org/pdf_docs/TDSpecEdBasics.pdf	3 hours	Fort Dodge IA Central College
Sept. 10, 2011 9am-4:30pm	Beyond Consequences...Helping Children with Severe Behaviors Read training description: http://www.ifapa.org/pdf_docs/TDBeyondConsequences.pdf	6 hours	Spencer ILCC
Sept. 17, 2011 9am-12:15pm	Snakes, Snails & Puppy Dog Tails...(I'll Take the Snakes!): Raising Boys NEW! Read training description: http://www.ifapa.org/training/documents/TDRaisingBoys.pdf	3 hours	Ankeny IFAPA Training Center
Sept. 17, 2011 1:30pm-4:45pm	Sugar, Spice & Everything Nice...(Ya, Right!): Raising Girls NEW! Read training description: http://www.ifapa.org/training/documents/TDRaisingGirls.pdf	3 hours	Ankeny IFAPA Training Center
Sept. 17, 2011 9am-4:30pm	Preventative Practices II: Minimizing the Risk of Child Abuse Allegations Read training description: http://www.ifapa.org/pdf_docs/TDPrevPracticesII.pdf	6 hours	New Hampton Super 8
Sept. 17, 2011 9am-12:15pm	Decoding the Mystery of ADHD NEW! Read training description: http://www.ifapa.org/training/documents/TDDecodingADHD.pdf	3 hours	Williamsburg St Timothy Church
Sept. 17, 2011 1:30pm-4:45pm	Worrywarts & How You Can Help Them: Understanding Anxiety... NEW! Read training description: http://www.ifapa.org/training/documents/TDWorrywartsAnxietyDisorders.pdf	3 hours	Williamsburg St Timothy Church
Sept. 24, 2011 1pm-4:15pm	"Can You Hear Me Now?" - How to Manage Behaviors in Your Home Read training description: http://www.ifapa.org/training/documents/TDCanYouHearMeNow.pdf	3 hours	Ames Country Inn & Suites
Sept. 24, 2011 12pm-4:15pm	CPR & First Aid To register for CPR visit: http://www.ifapa.org/training/documents/CPRFirstAidRegForm.pdf	4 hours	Cedar Rapids To be announced
Sept. 24, 2011 9am-4:30pm	Working with Birth Families Read training description: http://www.ifapa.org/training/documents/TDWorkingWithBirthFamilies.pdf	6 hours	Council Bluffs IWCC
Sept. 24, 2011 9am-4:30pm	Trauma Informed Care Read training description: http://www.ifapa.org/training/documents/TDTraumaInformCare.pdf	6 hours	Davenport Clarion Hotel
Sept. 24, 2011 12pm-4:15pm	CPR & First Aid To register for CPR visit: http://www.ifapa.org/training/documents/CPRFirstAidRegForm.pdf	4 hours	Mason City To be announced
Sept. 24, 2011 9am-4:30pm	Responding to Cultural Differences - What's a Parent to Do? Read training description: http://www.ifapa.org/training/documents/TDCulturalDifferences6hr.pdf	6 hours	Waterloo Hawkeye College

Snakes, Snails & Puppy Dog Tails...Raising Boys

(3 hrs credit) - Parenting boys of any age can sometimes be called an extreme sport. Learning about volcanoes, dirty socks and landmines of affection will bring us closer to these boys as they grow into men. We will dissect their growth, thinking and actions, while looking at their influences and our interventions. Participants will learn how to communicate with the boys in their care and most importantly how to listen, even when they are not talking.

Trainer: Ruth Buckels, LMSW

ANKENY - Sat., Sept. 17 (9am-12:15pm)
CEDAR RAPIDS - Sat., Oct. 8 (9am-12:15pm)
WATERLOO - Sat., Nov. 12 (9am-12:15pm)
SIoux CITY - Sat., Dec. 3 (9am-12:15pm)



Sugar, Spice & Everything Nice...Raising Girls

(3 hrs credit) - Do you ever feel like one minute you know the girls in your home like the back of your hand and the next minute you know nothing? Perhaps you are grateful to know nothing! This training will give you the opportunity to learn how girls of all ages operate. We will take a look at girls and their world, thinking, behaviors, motivations and payoffs. We will focus on strengthening communication skills and ways to encourage girls in our care to be strong and independent while building a connection with us as parents.

ANKENY - Sat., Sept. 17 (1:30pm-4:45pm)
CEDAR RAPIDS - Sat., Oct. 8 (1:30pm-4:45pm)
WATERLOO - Sat., Nov. 12 (1:30pm-4:45pm)
SIoux CITY - Sat., Dec. 3 (1:30pm-4:45pm)



PLEASE KEEP IN MIND - With the exception of CPR, First Aid and Mandatory Reporter classes, foster parents CANNOT receive training credit for any class after October 2009 that they have previously attended and used for re-licensing.