



# IFAPA TRAININGS FOR PARENTS

TO REGISTER: Call Stephanie at 800-277-8145 ext. 1 or sign up at: [www.ifapa.org/training/training\\_registration\\_form.asp](http://www.ifapa.org/training/training_registration_form.asp)

Date & Time	Name of Training	Location
Sat., Feb. 19 9am-4:30pm	<b>People of Color: Skin &amp; Hair Care with a Familiar Twist</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDSkinHairCare.pdf">www.ifapa.org/pdf_docs/TDSkinHairCare.pdf</a> (6hrs credit)	<b>Ames</b> Country Inn & Suites
Sat., Feb. 19 9am-4:30pm	<b>Managing Your Child/Teen's Behavior: 7 Ways to Foster Love...</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TD7WaystoFosterLove.pdf">www.ifapa.org/pdf_docs/TD7WaystoFosterLove.pdf</a> (6hrs credit)	<b>Davenport</b> Clarion Hotel
Sat., Feb. 26 9am-12:15pm	<b>Mandatory Child Abuse Reporter Training</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDMandatoryReporter.pdf">www.ifapa.org/pdf_docs/TDMandatoryReporter.pdf</a> (3hrs credit)	<b>Council Bluffs</b> Country Inn & Suites
Sat., Feb. 26 9am-12:15pm	<b>Vicarious Trauma</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDVicariousTrauma.pdf">www.ifapa.org/pdf_docs/TDVicariousTrauma.pdf</a> (3hrs credit)	<b>Dubuque</b> Keystone AEA
Sat., Feb. 26 1:30-4:45pm	<b>Interpersonal Stress Management</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDStressManagement.pdf">www.ifapa.org/pdf_docs/TDStressManagement.pdf</a> (3hrs credit)	<b>Dubuque</b> Keystone AEA
Sat., Mar. 12 9am-4:30pm	<b>Managing Your Child/Teen's Behavior: 7 Ways to Foster Love...</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TD7WaystoFosterLove.pdf">www.ifapa.org/pdf_docs/TD7WaystoFosterLove.pdf</a> (6hrs credit)	<b>Mason City</b> NIACC
Sat., Mar. 19 9am-4:30pm	<b>Beyond Consequences...Helping Children with Severe Behaviors</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDBeyondConsequences.pdf">www.ifapa.org/pdf_docs/TDBeyondConsequences.pdf</a> (6hrs credit)	<b>Davenport</b> Clarion Hotel
Sat., Mar. 19 1pm-4:15pm	<b>Supporting Children Exposed to Domestic Violence</b> See training spotlight on this page (3hrs credit)	<b>Decorah</b> Country Inn & Suites
Sat., Mar. 19 9am-12:15pm	<b>Vicarious Trauma</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDVicariousTrauma.pdf">www.ifapa.org/pdf_docs/TDVicariousTrauma.pdf</a> (3hrs credit)	<b>Iowa City</b> Clarion Hotel
Sat., Mar. 19 1:30-4:45pm	<b>Interpersonal Stress Management</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDStressManagement.pdf">www.ifapa.org/pdf_docs/TDStressManagement.pdf</a> (3hrs credit)	<b>Iowa City</b> Clarion Hotel
Sat., Mar. 19 9am-4:30pm	<b>Dangerous Playground - Drug Awareness &amp; Trends</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDDrugAwareness.pdf">www.ifapa.org/pdf_docs/TDDrugAwareness.pdf</a> (6hrs credit)	<b>Sioux City</b> NW AEA
Sat., Mar. 26 Choose am or pm	<b>Mandatory Child Abuse Reporter Training</b> (choose 9am-12:15pm or 1:30-4:45pm) Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDMandatoryReporter.pdf">www.ifapa.org/pdf_docs/TDMandatoryReporter.pdf</a> (3hrs credit)	<b>Cedar Rapids</b> Best Western LB
Sat., Mar. 26 9am-4:30pm	<b>Dangerous Playground - Drug Awareness &amp; Trends</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDDrugAwareness.pdf">www.ifapa.org/pdf_docs/TDDrugAwareness.pdf</a> (6hrs credit)	<b>Des Moines</b> Holiday Inn NW
Sat., Mar. 26 9am-4:30pm	<b>Fostering Hope &amp; Attachment with Youth in F &amp; A Families</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDFosteringHope.pdf">www.ifapa.org/pdf_docs/TDFosteringHope.pdf</a> (6hrs credit)	<b>Maquoketa</b> Super 8
Sat., Mar. 26 9am-4:30pm	<b>The World of Attachment, Trauma &amp; Bonding...</b> Read bio @ <a href="http://www.ifapa.org/pdf_docs/TDWorldofAttachment.pdf">www.ifapa.org/pdf_docs/TDWorldofAttachment.pdf</a> (6hrs credit)	<b>Marshalltown</b> AEA 267

# Training Spotlight

Supporting Children Exposed to Domestic Violence (3 hrs credit) - This training focuses on the dynamics of domestic violence, the impact of exposure to domestic violence on children, and strategies for supporting children who have been exposed to domestic violence. This class is for parents with all levels of experience in caring for children who have been exposed to domestic violence. **Trainer: Pam Jones**

**Sat., Mar. 19 - DECORAH**  
1:00pm-4:15pm  
Country Inn & Suites

**Sat., Apr. 2 - WATERLOO**  
1:00pm-4:15pm  
Waterloo Public Library

**Sat., May 14 - AMES**  
8:30am-11:45am  
Country Inn & Suites

**Sat., May 14 - DES MOINES**  
1:30pm-4:45pm  
Holiday Inn NW

**Sat., May 21 - DUBUQUE**  
1:00pm-4:15pm  
Keystone AEA

# HUGS HELP KIDS IN FOSTER CARE CAMPAIGN

Show your support for youth in foster care by supporting Iowa KidsNet's *Hugs Help Kids in Foster Care* campaign this February.

Beginning Valentine's Day weekend, Iowa KidsNet will be at locations in Sioux City and Council Bluffs to raise awareness about youth in foster care and the ongoing need for more foster and adoptive parents.

You can stop by any of the locations and give a symbolic "hug" to youth in care by signing your name in support. Iowa KidsNet will track how many "hugs" they get online, and if you stop by the table, you'll get a free chocolate "hug" in return. You can also show your support on Facebook with a piece of "Hugs" flair.

In Sioux City, Iowa KidsNet is aiming for over 700 "hugs" to represent the approximately 700 out-of-home placements in Woodbury County last year. In Council Bluffs, the goal is nearly 600 "hugs" to represent out-of-home placements in Pottawattamie County.

You can see the locations for this event at the Iowa KidsNet website – [www.iowakidsnet.com](http://www.iowakidsnet.com). This is an awareness campaign being piloted in western Iowa.

You can also see a story from the first Sioux City event here on KTIV: <http://www.ktiv.com/Global/story.asp?S=14019589>