

JULY 5, 2011

Educational and Informational Forums on...



**Don't Miss
These Events!**

Healthy Hair and Skin Care For African American & Biracial Children

For Parents, Caregivers and Service Providers

Monday, July 11th & Monday, July 18th – 5pm to 6:30pm

- Beauticians & Barbers “Hair & Skin Care”
- Barbers available both sessions for free haircuts

Monday, July 25th - “Consultation” – 5pm to 6:30pm

- Bring Children to meet with Licensed Professionals to evaluate and address specific hair care needs

Monday, August 1st – “Product Night” - 6pm to 7:30pm

Perfect Choice Hair & Beauty Supply,
Wakonda on Fleur Plaza, 4301 A Fleur Drive

- Opportunity to meet local retailer to discuss products and meet your child’s hair care needs

Forums held at Life Line Resources

100 E. Euclid Avenue, Ste 143

For more info, call 237-8000 & ask for *Color of Care Project Coordinator*

Collaborative Efforts of Life Line Resources and Elpis Ministries, Inc

Funded in part by:

*Iowa Department of Human Services
Minority Youth & Families Initiative*



Free Booklet from IFAPA!

Transracial Parenting in Foster Care & Adoption Strengthening Your Bicultural Family

This guidebook was created to help parents and children in transracial homes learn how to thrive in and celebrate their bicultural family; and for children to gain a strong sense of racial identity and cultural connections. This booklet contains information on:

- What it means to be a transracial family
- The history of transracial families
- A transracially-adopted child’s bill of rights
- A transracial parenting pledge
- General parenting tasks for transracial parents
- How to connect your child to their culture
- Personal experiences from adult transracial adoptees
- Racism & discrimination - fostering racial coping skills
- Answering tough questions
- Skin & hair care
- Cultural resources (books, videos, toys and organizations, etc)



To request a free copy (or multiple copies) of this booklet, please e-mail Crystal Thomason at cthomason@ifapa.org or call 800-277-8145 ext. 5. This booklet and many other free publications for foster, adoptive & kinship families can be found online http://www.ifapa.org/about_IFAPA/IFAPA_programs.asp.

More Cultural Resources

Visit the IFAPA website to find additional African American resources, along with Asian, Latino and Native American resources. Visit IFAPA’s Cultural Resources webpage at: http://www.ifapa.org/resources/cultural_resources.asp

IFAPA OFFERS CULTURAL CLASS

Responding to Cultural Differences – What’s a Parent to Do?

(6 hrs credit) - Designed for foster and adoptive parents, this training will describe techniques and strategies that integrate cultural responsiveness into everyday life in a foster or adoptive home. More importantly, this training will focus on practical ideas for dealing with issues of cultural, racial, and ethnic “lenses” that impact shared parenting and working with other professionals. **Trainers: Heather Craig-Oldsen, MSW, CSW, Leticia Quintanilla & Gwen Vargas Porter**
This training will be offered in Ankeny on Saturday, July 23 from 9am to 4:30pm, see registration details below. Check out all of IFAPA’s other trainings being offered this summer!!!

Date & Time	Name of Training	Location
July 9, 2011 9am-4:30pm	Trauma Informed Care (6 hours credit)	Cedar Rapids Kirkwood College
July 16, 2011 9:30am-4:45pm	Preventative Practices II: Minimizing the Risk of Child Abuse Allegations (6 hours credit)	Bettendorf Bettendorf Library
July 16, 2011 9am-12:15pm	Caring for Children with HIV (3 hours credit)	Council Bluffs IWCC
July 16, 2011 1:30pm-4:45pm	Understanding and Responding to the Sexual Behaviors of Children... (3 hours credit)	Council Bluffs IWCC
July 16, 2011 9am-4:30pm	Transitioning Resources: A Toolbox for Transitioning (6 hours credit) <i>Teens are also welcome to attend with a parent.</i>	Mason City NIACC
July 23, 2011 9am-4:30pm	Responding to Cultural Differences - What's a Parent to Do? (6 hours credit)	Ankeny DMACC
July 23, 2011 1pm-4:15pm	Darkness to Light’s Stewards of Children - Child Sexual Abuse Prevention (3 hours credit)	Waterloo Waterloo Library
Aug. 6, 2011 1pm-4:15pm	“Can You Hear Me Now?” - How to Manage Behaviors in Your Home (3 hours credit)	Ankeny IFAPA Training Center
Aug. 6, 2011 9am-4:30pm	Teen Anger: How to Regulate Your Home Atmosphere (6 hours credit) <i>Teens are also welcome to attend with a parent.</i>	Cedar Rapids Kirkwood College
Aug. 6, 2011 9am-4:30pm	Trauma Informed Care (6 hours credit)	Sioux City NW AEA
Aug. 13, 2011 9am-4:30pm	Preventative Practices II: Minimizing the Risk of Child Abuse Allegations (6 hours of credit)	Ames Country Inn & Suites
Aug. 13, 2011 9am-4:30pm	Trauma Informed Care (6 hours credit)	Cedar Falls Clarion Hotel
Aug. 13, 2011 1pm-4:15pm	“Can You Hear Me Now?” - How to Manage Behaviors in Your Home (3 hours credit)	Davenport Clarion Hotel

REGISTRATION:

TO REGISTER VIA PHONE - Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

TO REGISTER FOR A CLASS VIA OUR WEBSITE - To sign-up for class through our website, complete our online registration form at www.ifapa.org. IFAPA will follow-up within two business days to confirm your enrollment.

WAITING CHILD SPOTLIGHT

The girl behind those beautiful eyes and amazing smile would like everyone to know that she’s a sensitive and delicate child who really wants a forever family. Sydney is often shy and reserved upon meeting new people. Once she warms up, her sweet and bubbly personality flows out and becomes as infectious as her smile. Some of Sydney’s favorite activities include sewing, cooking, playing with other children, reading, riding bikes, playing outside, playing with pets, and playing video and computer games. She describes herself as caring, compassionate, and empathetic.

With structure and guidance Sydney can excel in all academic areas. When asked, Sydney said math, reading, and persevering through difficult experiences are things she excels at. Sydney does well with just a little help prioritizing her time and tasks. The adults in her life all recognize that she is an intelligent child and are often surprised at how insightful she can be.

At times Sydney can be strong willed and does benefit from help completing homework and chores. Sydney also needs coaching on expressing her emotions and understanding her self-worth. Sydney receives regular therapy and will likely need to continue these services for some time.

Sydney would likely benefit from a family with a mom and dad with or without children. She feels it would be best if the other children in the home were older. Sydney may do well in a family with two dads as she has struggled to bond with mother figures in the past due to her life experiences. She would like a family that is laid back and happy—a family that is not judgmental or too strict. A family that likes to travel, play games at home, and just be together would be ideal in Sydney’s mind. She would also like to go camping, fishing, and hiking.



Could you be the forever family Sydney is waiting for?

For more info, contact Iowa KidsNet at 800-243-0756 or visit www.iowakidsnet.com.