

MARCH 1, 2011

March Training Classes

TO REGISTER FOR AN IFAPA TRAINING LISTED BELOW: Call Stephanie at 800-277-8145 ext. 1 or complete our registration form through our website - www.ifapa.org/training/training_registration_form.asp.

Date & Time	Name of Training	Location
Sat., Mar. 12 9am-4:30pm	Managing Your Child/Teen's Behavior... Read bio @ www.ifapa.org/pdf_docs/TD7WaystoFosterLove.pdf	Mason City NIACC
Sat., Mar. 19 9am-4:30pm	Beyond Consequences...Children w/Severe Behaviors Read bio @ www.ifapa.org/pdf_docs/TDBeyondConsequences.pdf	Davenport Clarion Hotel
Sat., Mar. 19 1pm-4:15pm	Supporting Children Exposed to Domestic Violence Read bio @ www.ifapa.org/pdf_docs/TDDomesticViolence.pdf	Decorah Country Inn
Sat., Mar. 19 9am-12:15pm	Vicarious Trauma Read bio @ www.ifapa.org/pdf_docs/TDVicariousTrauma.pdf	Iowa City Clarion Hotel
Sat., Mar. 19 1:30-4:45pm	Interpersonal Stress Management Read bio @ www.ifapa.org/pdf_docs/TDStressManagement.pdf	Iowa City Clarion Hotel
Sat., Mar. 19 9am-4:30pm	Dangerous Playground - Drug Awareness & Trends Read bio @ www.ifapa.org/pdf_docs/TDDrugAwareness.pdf	Sioux City NW AEA
Sat., Mar. 26 9am-12:15pm or 1:30-4:45pm	Mandatory Child Abuse Reporter Training <i>(be sure to choose the AM or PM session when registering)</i> Read bio @ www.ifapa.org/pdf_docs/TDMandatoryReporter.pdf	Cedar Rapids Best Western LB
Sat., Mar. 26 9am-4:30pm	Dangerous Playground - Drug Awareness & Trends Read bio @ www.ifapa.org/pdf_docs/TDDrugAwareness.pdf	Des Moines Holiday Inn NW
Sat., Mar. 26 9am-4:30pm	Fostering Hope & Attachment w/Youth in F & A Families Read bio @ www.ifapa.org/pdf_docs/TDFosteringHope.pdf	Maquoketa Super 8
Sat., Mar. 26 9am-4:30pm	The World of Attachment, Trauma & Bonding... Read bio @ www.ifapa.org/pdf_docs/TDWorldofAttachment.pdf	Marshalltown AEA 267

TRAINING SPOTLIGHT:

Fostering Hope & Attachment with Youth in Foster & Adoptive Families

(6 hrs credit) - This training will strengthen your understanding of why detachment and hopelessness "make sense" as survival strategies, and will empower foster and adoptive parents with concrete, practical tools that they can use with youth across the developmental spectrum—from infants to teens. These practices support children and youth in strengthening their ability to attach emotionally to individuals, families, groups, and the community—and enhance your success with all the children and youth in your life. As attachment and connections grow, hope will flourish. **Trainers: Lois Smidt & Krista McCalley**

Sat., March 26 Maquoketa
(9am-4:30pm) Super 8

Sat., May 14 Iowa City
(9am-4:30pm) Clarion Hotel

CPR & First Aid Training

IFAPA offers a combined CPR & First Aid course that has been approved for foster parent credit. IFAPA offers these courses to foster parents at a rate of \$25 per person. IFAPA will not offer any additional courses until the fall.

HOW TO REGISTER - If you need to complete the required CPR & First Aid training, please visit the link: www.ifapa.org/training/CPR_first_aid.asp. To reserve your spot in the class, print off the registration form and mail in with your payment to IFAPA. Registrations are accepted by mail only; first-come, first-serve. CPR & First Aid class location details will be shared once IFAPA receives your registration form and payment. *There are NO REFUNDS due to participant cancellations; refunds will only be issued if the training you registered for is already full.*

CPR & First Aid Class Schedule

Sat., Mar. 26, 2011 (12pm-4:15pm) **COUNCIL BLUFFS**

Sat., Apr. 9, 2011 (12pm-4:15pm) **DAVENPORT**

Sat., Apr. 16, 2011 (12pm-4:15pm) **AMES**

Sat., Apr. 30, 2011 (12pm-4:15pm) **OTTUMWA**

Sat., May 21, 2011 (12pm-4:15pm) **MASON CITY**

Sat., May 21, 2011 (8am-12:15pm) **DES MOINES**

Sat., May 21, 2011 (1:15pm-5:30pm) **DES MOINES**



WAITING CHILD SPOTLIGHT

Christopher - Age 13

If Christopher could choose how to spend a Saturday, he'd probably ask to go fishing. This outdoorsy young man loves being outside, riding his bike, and playing with animals. Christopher doesn't mind being inside, however, as he also enjoys playing his Xbox and watching TV. He does quite well in school, and adults in his life describe him as smart, caring, and funny.

Christopher could benefit from a stable adoptive family that would provide structure and teach conflict resolution. This family would have to patiently help Christopher learn about honesty and following directions.

Christopher would be really excited if his adoptive family had lots of pets, but most of all, he just wants to have a mom and a dad—especially if they'll take him fishing.

For more information, contact Iowa KidsNet at 800-243-0756.

SAVE THESE DATES



Saturday, May 7, 2011

Raccoon River Park, West Des Moines

(a 3 mile walk for foster care)

Registration info coming soon. Watch future issues of the Weekly Word for more details.



IFAPA FAMILY APPRECIATION DAY

Saturday, August 27, 2011

Adventureland Park, Altoona

Ticket order form will be posted on the IFAPA website in early summer.

IFAPA Satisfaction Survey

Every three months, IFAPA puts out a new quarterly satisfaction survey. In each survey, IFAPA is requesting your feedback on any trainings, support, publications, etc. that you received from IFAPA during the previous three month quarter (October, November & December 2010). We want to hear about services you have utilized and areas that are working or in need of improvement. If you have completed a previous survey - but have used any of IFAPA's support services during this last quarter, we would appreciate if you would fill out this new survey as well.

Please Note: The results from this survey go directly to DHS and a final report is shared with IFAPA. In the survey, you will be asked what county you are from and the last survey question will ask for additional comments. If you are making a comment about a specific staff person/worker, please be sure to include their name. This survey is anonymous and each survey question is tallied separately, so we won't know what county you are from when your comments are reported to IFAPA. If you want to speak with someone about your feedback, please be sure to include your name and contact information in the comments field in the survey.

This survey will close on Monday, March 7th.

To complete this survey, click on the following link:

<https://www.surveymonkey.com/s/Dec2010IFAPA>

OTHER FOSTER & ADOPTIVE RESOURCES

Iowa Department of Human Services - www.dhs.state.ia.us

Iowa KidsNet - www.iowakidsnet.com

Elevate - www.cfowa.org

Iowa Aftercare Services Network - www.iowaaftercare.org