

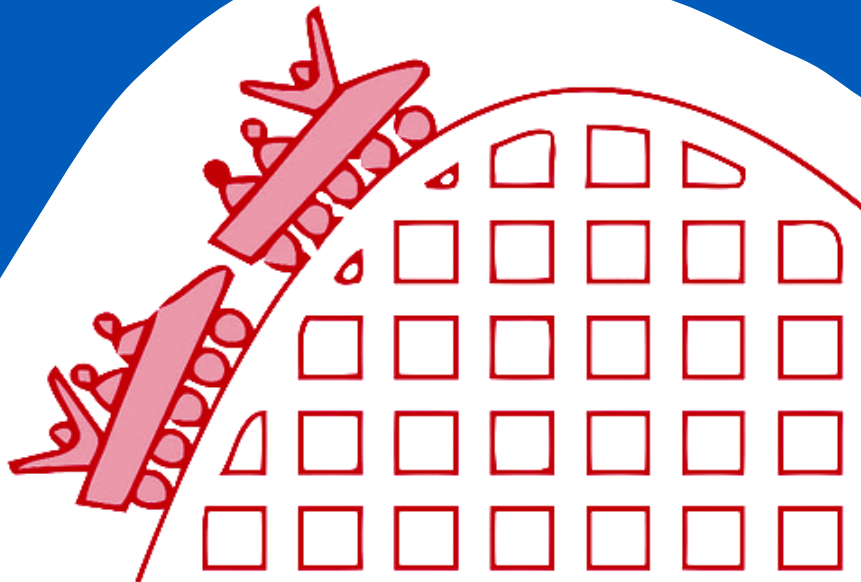
ADVENTURES IN PARENTING



2012 SPRING CONFERENCE

for foster, adoptive, kinship families & social workers

Friday, March 2 & Saturday, March 3



Helping You Through All the Ups and Downs of Parenting

ABOUT THE CONFERENCE

CONFERENCE DAILY SCHEDULE (March 2nd & 3rd)

7:30 - 8:30am-----Registration/Check-In

8:30 - 11:45am-----Morning Workshops

11:45 - 1:15pm-----Luncheon

1:15 - 4:30pm-----Afternoon Workshops

FOSTER PARENT TRAINING CREDIT

Each workshop at the IFAPA conference has been approved for foster parent training credit. Each day of the conference is worth six hours of foster parent training credit.

SOCIAL WORKER CEUs

Some of the conference workshops have been approved for Social Worker CEUs and are noted throughout the training descriptions.

CONFERENCE REGISTRATION

To register for this conference, please complete the registration form on page 15 and mail to IFAPA with a check or money order. To pay by credit card please visit the IFAPA website to register. Phone registrations **will not be accepted**. This conference booklet and registration form can also be found online at www.ifapa.org/training/ifapa_conference.asp. **The registration deadline is Tuesday, February 14th. All registrations must be postmarked or dropped off at the office (office hours are 8am-5pm) by Tuesday, February 14, 2011.** Once participants have sent in their registration form and payment, a confirmation letter and map to the conference will be emailed to all participants the week of February 20th.

EARLY REGISTRATION DRAWING - FRIDAY, JANUARY 20TH

All conference registrations received at the IFAPA office by the early registration deadline (Friday, January 20th) will be entered into a drawing to win a free conference registration. The winner will be announced at the conference.

MEALS

A luncheon is held each day of the conference and is included in the conference registration price. All other meals are at your own expense. Friday's lunch will include: chicken parmesan, pasta (choice of two pastas and two sauces), mixed greens with choice of dressing, fresh fruit salad with yogurt dipping sauce, herb roasted potatoes, cheesy broccoli and rolls. Saturday's lunch will include: chicken marsala, sliced roast beef au jus, mixed greens with choice of dressing, Italian pasta salad, roasted garlic whipped potatoes, country-style green beans with bacon and onion and rolls. If a vegetarian meal is needed, please contact IFAPA in advance to make arrangements.

GENERAL MEMBERSHIP MEETING

IFAPA hosts our annual membership meeting during the Spring Conference. The IFAPA General Membership Meeting will be held during the Saturday luncheon. The purpose of the general membership meeting is to provide information to foster and adoptive parents about IFAPA's programs. It is important for foster, adoptive and kinship families to know what IFAPA does for its members.

CHILD CARE

Child care will not be available at the conference. Children are not allowed in our trainings in order to provide the most beneficial learning experience for attendees.

CONFERENCE LOCATION



HOTEL INFORMATION

Adventureland Resort - Altoona, IA

3200 Adventureland Dr (Off I-80 - exit 142A)

515-265-7321

www.adventureland-inn.com

The conference will be held at the Adventureland Resort in Altoona. This hotel is a year round destination for families of all ages. Relax, splash or slide in their two tropical courtyards that include three pools, playful water features, a swim-up bar, and two hot tubs. **All regular rooms come with 5 wristbands for the water amenities. All suites include 6 wristbands. Extra wristbands are sold at the front desk for \$20. PLEASE NOTE: Only Adventureland Resort hotel guests with a room reservation are able to use Adventureland's Indoor Water Park. Children must be supervised at all times.**

HOTEL ARRANGEMENTS

ADVENTURELAND RESORT - Hotel arrangements should be made directly with the Adventureland Resort by calling 515-265-7321. **To receive IFAPA's Conference room rate at the Adventureland Resort for Thursday, Friday and/or Saturday night you must make your reservations NO LATER THAN TUESDAY, FEBRUARY 14TH.** The Thursday night conference rates are \$69 for a standard room and \$99 for a pool side room (taxes not included). Friday & Saturday night rates are \$79 for a standard room and \$99 for a pool side room (taxes not included). Please mention that you are attending the IFAPA Conference. Only a limited number of rooms will be reserved for the IFAPA Conference so they are on a first-come, first-serve basis. **Hotel reservations made after Tues., Feb 14th will be given the current room rate being offered by the hotel. It is important to make reservations NOW because March is high school sports tournament season in Des Moines and hotel rooms can be **SOLD OUT.****

TRAINING REQUIREMENTS FOR FOSTER PARENTS

Foster parents must complete all of their training requirements prior to the date below.

If you were licensed in the following month:	All of your trainings must be completed by:
June 2011	March 31, 2012
July 2011	April 30, 2012
August 2011	May 31, 2012
September 2011	June 30, 2012
October 2011	July 31, 2012
November 2011	August 31, 2012
December 2011	September 30, 2012

FUNDRAISERS FOR FOSTER CHILDREN

T-SHIRT FUNDRAISER

IFAPA has created a t-shirt to represent all of the great families in Iowa that make a difference in the lives of children currently or formerly in foster care.

All of the proceeds from t-shirt sales will help IFAPA's Friends of Children in Foster Care program which is solely funded by community grants, personal donations and IFAPA fundraisers, like our Stride for Foster Care Walk and this fundraiser.



Conference attendees can place your shirt orders on our registration form on page 15 and pick up your shirts at our conference. IFAPA will also have shirts available to purchase during the conference.

ABOUT THE SHIRTS

Color: Blue **Brand/Type:** Gildan 100% Cotton - Preshrunk

Children's Sizes Available: XS, S, M, L

Adult Sizes Available: S, M, L, XL, XXL, XXXL

Prices: Adult sizes - \$15 per shirt, Kid sizes - \$10 per shirt

RAFFLE BASKET FUNDRAISER

IFAPA will be selling raffle tickets during our conference. Raffle ticket prices will be \$2 for 1 ticket, \$5 for 3 tickets, \$10 for 8 tickets, \$20 for 20 tickets. Ticket holders could win a variety of prizes and the money raised will benefit IFAPA's Friends of Children in Foster Care program.

TOPICS OF INTEREST

Please use this chart to help identify trainings that fit your specific parenting needs. The workshop descriptions can be found on pages 6-13 and the full conference schedule can be found on page 14.

TOPICS	CONFERENCE WORKSHOP OPTIONS
Adoption	<ul style="list-style-type: none"> Adoption Assistance and Adoption Tax Credit Lifelong Issues in Adoption Transitioning From Foster to Adoptive Parenting
Attachment Issues	<ul style="list-style-type: none"> Attachment & Trauma: Strategies for Positive Change
Cultural Awareness	<ul style="list-style-type: none"> Creating Cultural Connections: Compassion Compels Creating Cultural Connections: Connections are Critical
Diagnosis & Disorders	<ul style="list-style-type: none"> Creating Social Success for Asperger Youth - Foundation Creating Social Success for Asperger Youth - Practical Approaches Mood Disorders in Children and Teens: What Does it Look Like and What Can We Do? Youth Bipolar or TDD: Trying to Understand the Difference
Foster Parent Required Classes	<ul style="list-style-type: none"> CPR & First Aid Mandatory Child Abuse Reporter Training
Parenting Teens	<ul style="list-style-type: none"> Generation X, Y & Z - The Toxic Culture of Teens: Relationship and Other "Risky Business" Generation X, Y & Z - The Toxic Culture of Teens: The Impact of Media & Technology Get it Right! A Guide to Help Youth & Parents Find Their Way Through the Foster Care and Juvenile Justice System
Substance Abuse	<ul style="list-style-type: none"> What You Need to Know When Caring for Drug Endangered Children
Trauma History	<ul style="list-style-type: none"> Attachment & Trauma: Strategies for Positive Change Helping Children Cope for Parents: How to Reduce Trauma During Placement Moves It's a Package Deal: Your Child, Their Trauma Helping Children Heal
Biological Children	<ul style="list-style-type: none"> The IMPACT – Sharing Our Parents

FRIDAY AM WORKSHOPS

8:30am to 11:45am (Session A)

A1 - Lifelong Issues in Adoption - This three hour class provides an overview of the seven lifelong issues in adoption from the perspective of the adoptee, adoptive parent, birth parent and siblings. While every family experiences the themes differently, it is important to acknowledge they are a normal part of participating in an adoption. These themes surface in different ways at different times as the people involved progress through different developmental milestones and life transitions. In other words, the way a child would define these issues will change as the child grows and develops - just as their understanding of the world changes. Having this awareness can help you be prepared to best meet the needs of your child and your family. *(Also approved for social worker CEUs.)*

About the Trainer: Denise Leffingwell, MSW, LCSW is currently the Senior Director of the Education Center at The Adoption Exchange in Denver, Colorado. Denise coordinates, manages and provides training across Colorado, also to the seven member states of the Adoption Exchange and across the country. Denise's previous experiences include supervising Community and Home Based Services through a mental health center, providing direct services and clinical support to pre and post-adoptive families through a mental health center in collaboration with the local Department of Human Services (which included co-facilitating all of the counties pre-adoption trainings for three years), was an ongoing caseworker and has been a therapist specializing in foster care, kinship and adoptive families. Denise has worked in the social work arena for over 13 years.

A2 - Generation X, Y & Z - The Toxic Culture of Teens: The Impact of Media and Technology - Today's pre-teens, teens and young adults walk every day through a culture that has become increasingly toxic. They face personal, familial, social and societal issues that often result in risk taking, danger, loss and sometimes tragedy. This presentation will focus exclusively on the "feeding" of this toxic culture by technology and media including television, movies, music, video games and internet. Participants will gain awareness of how technology and media affect communication, development, "early mental sexualization", violence and more. Participants will be able to personally examine the evolution of technology and media and the "good, the bad and the ugly" elements that have resulted. *(Also approved for social worker CEUs.)*

About the Trainer: Mike McGuire and his wife Christie are licensed foster and adoptive parents. Mike has provided many trainings throughout the state on a variety of topics for foster/adoptive parents. Mike has also facilitated a variety of educational groups relating to relationships, parenting and communication. He works for the Dept. of Corrections as a Probation/Parole Officer and currently coordinates the Cerro Gordo County Community Drug Court Program.

A3 - Creating Cultural Connections: Compassion Compels

(This is an all day course, participants can attend all day or only the AM or PM session.)

The focus of this training is geared towards helping parents understand and respect the various cultures of foster children. The training provides realistic and relevant ways in which parents can create cultural connections with children in their care. We candidly explore our core values and personal patterns of thought that help or hinder us from truly appreciating and experiencing the richness of diversity. This training challenges us to respect and celebrate all children for who they are and where they come from.

About the Trainer: Tommy Ross and his wife Melinda have been licensed foster and adoptive parents for over twelve years. He has over twenty years of experience in the social work field, along with sixteen years of experience as a licensed minister and five years of experience as a licensed and ordained pastor. Tommy has facilitated trainings for Life Works Counseling Services, parenting classes for the Child Abuse Prevention Council, staff trainings on group facilitation for PACE, group trainings on parenting skills, life skills and career planning for Gateway Recovery Center and has done group and individual training on child welfare, empowering parents and general leadership.

FRIDAY AM WORKSHOPS

8:30am to 11:45am (Session A)

A4 - Mood Disorders in Children and Teens: What does it Look Like and What Can We Do? - This training will focus on the description of various mood disorders in children and teens such as dysthymia, major depression, atypical depression, and bipolar disorder and how they differ from normal sadness, irritability, and moodiness. We will also talk about best practices for assessment and treatment of mood disorders in childhood and adolescence and the advantages and disadvantages of diagnosis and various treatment methods. Participants should leave this workshop with a basic understanding of what mood disorders might look like in children and teens and what to expect from a thorough and appropriate assessment and treatment approach. *(Also approved for social worker CEUs.)*

***About the Trainer:** Dr. Phillips is the owner and CEO of Central Iowa Psychological Services (located in Ames and West Des Moines) and a Senior Lecturer in the Psychology Department at Iowa State University. He received his PH.D. in Criminal and Development Psychology from the University of Illinois at Chicago. He provides psychological assessment and therapy to children as young as age 3, adolescents, adults, families and couples. His areas of specialty include working with children, adolescents and adults who have attention-deficit disorder, learning disabilities, behavior problems, depression, anxiety, obsessive-compulsive disorder and adjustment difficulties due to abuse, bereavement or divorce. Dr. Phillips teaches classes in Developmental Psychology, Psychological Assessment and Psychotherapy Methods at ISU and presented workshops on ADHD, Trauma, Post-Traumatic Stress Disorder, sexual abuse of children, Pediatric Bipolar Disorder and Behavior Management/ Parenting for IFAPA and other groups for the last 10 years. Dr. Phillips loves his work; particularly the time spent talking and connecting with his clients, students and workshop attendees. One of his primary goals is to discover and experience the joy in each and every day.*

A5 - Helping Children Heal - This training gives the understanding to truly provide emotional safety for children with trauma histories. By revealing the connection between the body/mind system as it relates to trauma and stress, it challenges all of us to embrace a paradigm shift as reflected in the works of Drs. Bruce Perry and Bryan Post. It reveals our own fears, invites us to step into our child's internal world and demonstrates how to respond to them with love, thus enhancing the healing process.

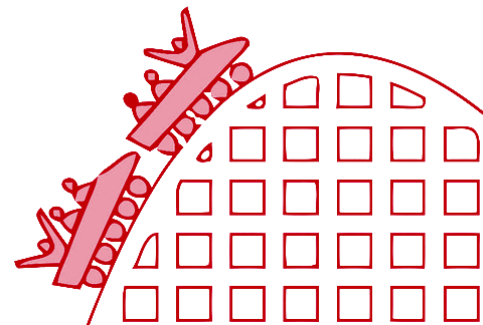
***About the Trainer:** Kim Combes, LBSW, M.ED is a knowledgeable and experienced trainer in the areas of foster care and adoption. Along with being a foster and adoptive parent, he is a family therapist and provides training for DHS, churches, youth groups and other conferences nationally and statewide. He has written a training curriculum for the Child Welfare Institute of Atlanta, Georgia.*

A6 - CPR & First Aid (Part 1 of 2)

(This is an all day course, participants must attend the full day in order to receive credit.)

IFAPA's CPR and First Aid class is designed to give you the confidence to respond in an emergency situation with skills that can save a life. IFAPA's CPR and First Aid training classes are presented by CPR and First Aid certified trainers and have been approved by DHS as an approved training for foster parents. All newly licensed foster homes must be certified in CPR and First Aid within their first year of licensure and every three years thereafter.

***About the Trainers:** Mike Cormier is the owner of CPR Central in Des Moines. He is certified to teach CPR and First Aid through the American Heart Association. Mike has also worked as a fire-fighter/paramedic at the Indianola Fire Department for 11 years and has been on the State of Iowa Disaster Medical Assistance Team (DMAT) since 2007.*



FRIDAY PM WORKSHOPS

1:15pm to 4:30pm (Session B)

B1 - It's a Package Deal: Your Child, Their Trauma - This three hour class will address how trauma affects the developing brain, beginning in utero through early childhood. We will discuss the impact of trauma on child development, attachment, emotional regulation and provide a lens with which to see and understand behaviors as manifestations of trauma experiences. Practical parenting solutions provided!

(Also approved for social worker CEUs.)

About the Trainer: Denise Leffingwell, MSW, LCSW is currently the Senior Director of the Education Center at The Adoption Exchange in Denver, Colorado. Denise coordinates, manages and provides training across Colorado, also to the seven member states of the Adoption Exchange and across the country. Denise's previous experiences include supervising Community and Home Based Services through a mental health center, providing direct services and clinical support to pre and post-adoptive families through a mental health center in collaboration with the local Department of Human Services (which included co-facilitating all of the counties pre-adoption trainings for three years), was an ongoing caseworker and has been a therapist specializing in foster care, kinship and adoptive families. Denise has worked in the social work arena for over 13 years.

B2 - Generation X, Y & Z - Toxic Culture of Teens: Relationships and other "Risky Business" - If you are the parent, foster parent, relative caregiver, grandparent or any other adult who has teens in your life, this class is for you. Chances are, that your ideas about dating, sexuality, peer relationships and risk taking don't match up very well with the "reality" of what teens walk through on a daily basis. Today's teens are often developing more quickly physically, less quickly mentally and emotionally, and are inundated with the media and peer influences of "early mental sexualization". They also live in a time where violence and daily stress are increasing and taking a toll on teens' abilities to make healthy decisions in a world that is full of pressure to "fit in" and succeed. This class will examine the complex world of teen relationships today along with the risky behaviors that sometimes have tragic results. Topics covered will include: teen dating, teen sexuality, teen dating and sexual violence, bullying and cyber-bullying, teen suicide, school-related violence, general violence and work ethic. This class will not only identify trends and issues but seek to provide strategies for reducing risk and helping teens to have more healthy relationships overall. (Also approved for social worker CEUs.)

About the Trainer: Mike McGuire and his wife Christie are licensed foster and adoptive parents. Mike has provided many trainings throughout the state on a variety of topics for foster/adoptive parents. Mike has also facilitated a variety of educational groups relating to relationships, parenting and communication. He works for the Dept. of Corrections as a Probation/Parole Officer and currently coordinates the Cerro Gordo County Community Drug Court Program.

B3 - Creating Cultural Connections: Connections Are Critical

(This is an all day course, participants can attend all day or only the AM or PM session.)

The focus of this training is geared towards helping parents understand and respect the various cultures of foster children. The training provides realistic and relevant ways in which parents can create meaningful cultural connections with children in their care. We explore creative ways for cultivating connections, opening doors for two-way communication and enhancing our ability to competently confront challenges.

About the Trainer: Tommy Ross and his wife Melinda have been licensed foster and adoptive parents for over twelve years. He has over twenty years of experience in the social work field, along with sixteen years of experience as a licensed minister and five years of experience as a licensed and ordained pastor. Tommy has facilitated trainings for Life Works Counseling Services, parenting classes for the Child Abuse Prevention Council, staff trainings on group facilitation for PACE, group trainings on parenting skills, life skills and career planning for Gateway Recovery Center and has done group and individual training on child welfare, empowering parents and general leadership.

B4 - What You Need to Know When Caring for Drug Endangered Children

This class is for caretakers of children who have been exposed to illegal drugs or the abuse of prescription drugs. Children may have been exposed during pregnancy or they may have been affected by their parent's drug use, either from direct exposure to the drug use or from the effects that the drug use can have on a parent's ability to care for their children. This class will review the possible effects that drug exposure can have on children's health, development and behaviors. *(Also approved for social worker CEUs.)*

***About the Trainers:** Dr. Beth Schmitz has worked at Orchard Place-Child Guidance Center since 1995, providing outpatient individual, family and group therapy to children and adolescents from 3 to 19 years of age. She frequently provides psychological evaluations of children and adolescents to assist with clarifying their diagnostic and treatment needs. Dr. Schmitz also provides parent therapy as well as consultation and education to groups of parents and professionals on a variety of topics. She has consulted with the Polk County Drug Endangered Children Alliance for several years and has provided evaluations to children identified through this group as well as parent education sessions directed at birth, foster and adoptive parents of drug endangered children. Dr. Schmitz helps to plan and conduct a yearly regional training for professionals involved with drug endangered children.*

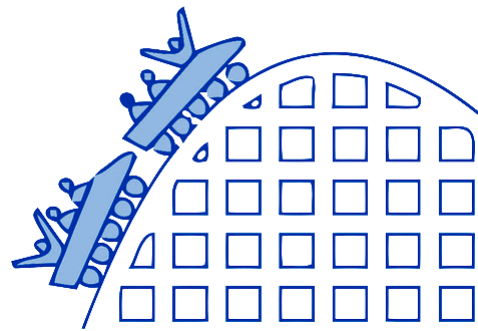
Jennifer Sleiter has worked at the Regional Child Protection Center at Blank Children's Hospital in Des Moines, Iowa since 2004. She has worked as a Pediatric Nurse and as a Certified Pediatric Nurse Practitioner since 1995. At the Regional Child Protection Center, she assesses and treats children that are dealing with issues of abuse and neglect. She also cares for Drug Endangered Children including babies that were exposed to illegal drugs through their mother's use during pregnancy and children who have been environmentally exposed due to their caregiver's use. This also includes children who are in homes where methamphetamine is being manufactured. She is also a member of the Polk County, Jasper County and state Drug Endangered Children Alliance. Jennifer has extensive community involvement serving as one of the medical representatives on local multidisciplinary teams reviewing child sexual abuse cases and general case consultation.

B5 - Mandatory Child Abuse Reporter Training - This is the state approved Mandatory Reporter class required for foster parents to complete within the first year of licensure, and then every five years thereafter. In addition, the Foster Allegation Information Resource (FAIR) program will be discussed. This is an IFAPA program that provides information and support to foster parents who have had an allegation of abuse made against them.

***About the Trainer:** Diana Nicholls-Blomme, RN, has over 30 years of experience in the fields of child and dependent adult abuse training and reporting, including development of multi-state employee orientation and training programs. Diana staffs the Abuse Education Review Panel for the Iowa Department of Public Health, screening curricula applications, assisting in developing curricula, obtaining approved education, assisting professional boards and agencies and training mandatory reporters.*

B6 - CPR & First Aid (Part 2 of 2)

*(This is an all day course, participants must attend the full day in order to receive credit.)
See training description on page 7.*



SATURDAY AM WORKSHOPS

8:30am to 11:45am (Session C)

C1 - Helping Children Cope for Parents: How to Reduce Trauma During Placement Moves

- This three hour training helps foster and adoptive parents work with children to reduce the fear, anxiety and trauma of adjusting to a new placement. Come learn the answers to these questions: What are the impacts of loss and multiple placements on a child's development? What are the special needs of children who are placed or moved on an emergency basis? What is the best timetable for planned transitions and what can a parent do to help a child understand the placement process and deal with their fears and anxieties? What steps do you need to take in the first weeks and months of placement to help reduce the unintentional trauma caused by a child's transition from one home to another?

(Also approved for social worker CEUs.)

***About the Trainer:** Denise Leffingwell, MSW, LCSW is currently the Senior Director of the Education Center at The Adoption Exchange in Denver, Colorado. Denise coordinates, manages and provides training across Colorado, also to the seven member states of the Adoption Exchange and across the country. Denise's previous experiences include supervising Community and Home Based Services through a mental health center, providing direct services and clinical support to pre and post-adoptive families through a mental health center in collaboration with the local Department of Human Services (which included co-facilitating all of the counties pre-adoption trainings for three years), was an ongoing caseworker and has been a therapist specializing in foster care, kinship and adoptive families. Denise has worked in the social work arena for over 13 years.*

C2 - Adoption Assistance and Adoption Tax Credit - In this session, you will learn the basics of adoption assistance for children adopted from foster care. Topics include eligibility, benefits, taxes and more. Participants will receive state specific information and will come away with concrete information and strategies to better advocate for foster and adopted children with special needs. There will also be an overview of the Federal Adoption Tax Credit.

***About the Trainer:** Josh Kroll is the Project Coordinator of the Adoption Subsidy Resources Center, a program of the North American Council on Adoptable Children. He has worked at NACAC for 13 years, 11 years as a Program Assistant to the Adoption Subsidy Resource Center and 2 years as Project Coordinator. While working with the Adoption Subsidy Resource Center, Josh gained an extensive knowledge of federal and state laws and policies that he draws upon to answer thousands of inquiries from parents, workers and administrators.*

C3 - Creating Social Success for Asperger Youth - Foundation

(This is an all day course, participants can attend all day or only the AM or PM session.)

This session will introduce the pervasive developmental disorders referred to as autism spectrum disorders. The session focuses on Asperger Syndrome Disorder (ASD) and covers characteristics, symptoms, treatments, and tools to create social success for youth with Asperger Syndrome Disorder. *(Also approved for social worker CEUs.)*

***About the Trainer:** Monica Ryan-Rausch, MSW, LMSW, QCSW has been serving children, youth and their families for over 25 years. Monica currently works at Four Oaks in the Cedar Rapids location. Monica has been with Four Oaks for 18 years. She has been a youth care worker, shift supervisor, therapist, case manager and a program coordinator with a residential treatment setting. Monica currently oversees the Autism Spectrum Services at Four Oaks and oversees an afterschool program for Middle School and High School youth who have Asperger's and PDD-NOS. Monica completed her education at Clarke University of Iowa, and she is currently pursuing a graduate degree in Autism Spectrum Disorders at Penn State.*



SATURDAY AM WORKSHOPS

8:30am to 11:45am (Session C)

C4 - Attachment & Trauma: Strategies for Positive Change - This presentation will focus on the importance of attachment to preadolescent and adolescent development. Individual treatment issues for these children will be discussed. A focus on developing strategies that promote a positive therapeutic community in foster care, adoptive homes, residential facilities and school settings. A discussion on the criteria for foster homes for attachment disordered children will be given. We will also look at the issue of how to facilitate removals and also facilitate placements of these children. We will leave ample time for questions regarding youth and their dilemmas in foster care. Families will be able to develop an understanding of attachment needs for youth, identify and discuss trauma issues related to adults in the children's world, provide strategies that can be used in treating attachment disorder youth, and understand criteria for facilitating placement of attachment disorder youth. (Also approved for social worker CEUs.)

***About the Trainer:** Bruce Buchanan, A.C.S.W., B.C.D., Clinical Social Worker, is the past chair of the Iowa Board of Social Work Examiners, and is in private practice in Des Moines at Wadle & Associates. He is a clinical consultant for eight human services agencies in Central Iowa, a family therapy consultant for the Greater Des Moines Child Abuse & Neglect Council, and a Diplomat in Clinical Social Work. Bruce is a Past-President of the Association of Social Work Boards. He is also the former Clinical Chair of the Exam Committee of the Association of Social Work Boards. He continues to be a form reviewer for the ASWB exam. He is a member of the editorial board for the Journal of Social Work Values and Ethics. Bruce is a nationally sought after trainer and lecturer in the areas of child and adolescent therapies, reactive attachment disorder youth, social work ethics and residential treatment programming. Bruce was the recipient of the Iowa Chapter of NASW Social Worker of The Year for 2001. He was the recipient of the "Star of Excellence Children's Service Provider" award given by Magellan Behavioral Care of Iowa for 2008.*

C5 - Mandatory Child Abuse Reporter Training - This is the state approved Mandatory Reporter class required for foster parents to complete within the first year of licensure, and then every five years thereafter. In addition, the Foster Allegation Information Resource (FAIR) program will be discussed. This is an IFAPA program that provides information and support to foster parents who have had an allegation of abuse made against them.

***About the Trainer:** Diana Nicholls-Blomme, RN, has over 30 years of experience in the fields of child and dependent adult abuse training and reporting, including development of multi-state employee orientation and training programs. Diana staffs the Abuse Education Review Panel for the Iowa Department of Public Health, screening curricula applications, assisting in developing curricula, obtaining approved education, assisting professional boards and agencies and training mandatory reporters.*

C6 - CPR & First Aid (Part 1 of 2)

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***About the Trainers:** Mike Cormier is the owner of CPR Central in Des Moines. He is certified to teach CPR and First Aid through the American Heart Association. Mike has also worked as a fire-fighter/paramedic at the Indianola Fire Department for 11 years and has been on the State of Iowa Disaster Medical Assistance Team (DMAT) since 2007.*



SATURDAY PM WORKSHOPS

1:15pm to 4:30pm (Session D)

D1 - Transitioning From Foster to Adoptive Parenting - This three hour training has been designed for foster parents and kinship parents who are moving towards adoption of children in their care, as well as the professionals who support them. The focus will be on providing information to help parents anticipate role and emotional changes that occur on the journey to adoption. These changes affect both the family and the child or children. Handouts and a tool box of relevant approaches and questionnaires, and important information on adoption assistance will be provided.

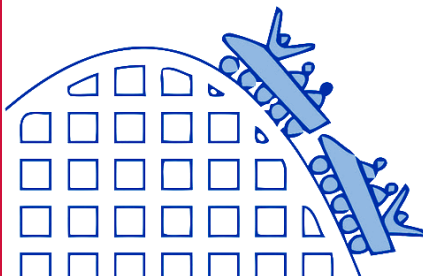
(Also approved for social worker CEUs.)

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D2 - Get it Right! A Guidebook to Help Youth and Parents Find Their Way Through the Foster Care and Juvenile Justice System - The foster care and juvenile justice systems are confusing and sometimes hard to navigate. No one is born knowing the system and the best way for anyone to be successful within the system and to accomplish their goals is to really know how it works! This training began with Achieving Maximum Potential (AMP) youth expressing their need to know more about the systems that governed their lives while they were in placement. Get It Right! is a guidebook that defines people's roles within the system, explains court proceedings, committing a crime and being passed on to law enforcement, housing options for youth and finally the basic rights of youth in care. Information from this training will empower parents and their youth to take an active informed role in their child's case and unify them as a team. Resources on: permanency issues, transition planning, Aftercare Services and sealing Juvenile Court records are also included.

***About the Trainers:** Terri Bailey is the Assistant Coordinator for AMP (Achieving Maximum Potential) program and also the facilitator for both Ames and Des Moines AMP Councils. Terri is a foster/adoptive parent of 25 years, a trainer for several classes offered to foster/adoptive parents through IFAPA and Iowa PSMAPP pre-service foster/adoptive parent training.*

Annie Von Gillern, MSW, LISW is a clinical social worker at the Middleton Center for Children's Rights at the Drake Legal Clinic. She worked in domestic violence services as a shelter and hospital advocate before coming to Drake in 2006. She now supervises social work practicum students and works with law students on open child welfare and delinquency cases in Polk County. Annie is active with the Des Moines AMP chapter and Mentor Iowa. While working she also is a part-time law student and is planning to graduate from Drake Law School in May 2013. Annie and her husband have a new baby boy who was born this past summer.



SATURDAY PM WORKSHOPS

1:15pm to 4:30pm (Session D)

D3 - Creating Social Success for Asperger Youth - Practical Approaches

(This is an all day course, participants can attend all day or only the AM or PM session.)

This session will expand on the foundation session of Asperger Syndrome Disorder (ASD). The focus will be more detailed information about the disorder as well as practical approaches to work with youth in this population. *(Also approved for social worker CEUs.)*

***About the Trainer:** Monica Ryan-Rausch, MSW, LMSW, QCSW has been serving children, youth and their families for over 25 years. Monica currently works at Four Oaks in the Cedar Rapids location. Monica has been with Four Oaks for 18 years. She has been a youth care worker, shift supervisor, therapist, case manager and a program coordinator with a residential treatment setting. Monica currently oversees the Autism Spectrum Services at Four Oaks and oversees an afterschool program for Middle School and High School youth who have Asperger's and PDD-NOS. Monica completed her education at Clarke University of Iowa, and she is currently pursuing a graduate degree in Autism Spectrum Disorders at Penn State.*

D4 - Bipolar or TDD - Trying to Understand the Difference

This workshop will discuss the diagnostic criteria for both Bipolar Depressive Disorder in youth and Temper Dysregulation Disorder with Dysphoria. Research has shown that a significant number of youth who have been diagnosed with bipolar actually suffer from TDD. It's a diagnosis that needs to be understood as well as discussed in terms of interventions for children in foster care as well as birth homes. Prepare for some lively discussion around a very provocative subject. *(Also approved for social worker CEUs.)*

***About the Trainer:** Bruce Buchanan, A.C.S.W., B.C.D., Clinical Social Worker, is the past chair of the Iowa Board of Social Work Examiners, and is in private practice in Des Moines at Wadle & Associates. He is a clinical consultant for eight human services agencies in Central Iowa, a family therapy consultant for the Greater Des Moines Child Abuse & Neglect Council, and a Diplomat in Clinical Social Work. Bruce is a Past-President of the Association of Social Work Boards. He is also the former Clinical Chair of the Exam Committee of the Association of Social Work Boards. He continues to be a form reviewer for the ASWB exam. He is a member of the editorial board for the Journal of Social Work Values and Ethics. Bruce is a nationally sought after trainer and lecturer in the areas of child and adolescent therapies, reactive attachment disorder youth, social work ethics and residential treatment programming. Bruce was the recipient of the Iowa Chapter of NASW Social Worker of The Year for 2001. He was the recipient of the "Star of Excellence Children's Service Provider" award given by Magellan Behavioral Care of Iowa for 2008.*

D5 - The IMPACT – Sharing Our Parents - We, the biological kids, live in a foster home, and it is our home as well. We share our space, our belongings, our time and most of all, our parents. We watch the drama with each and every child placed in our home and yes we are impacted! This training is OUR story and is guaranteed to challenge how you think, feel and react to the lives you are touching, and those you will touch!

***About the Trainer:** Ruth Buckels, LMSW is the Project Manager for the Youth & Shelter Services' AMP Program. She has been a foster-adoptive parent since 1988 and transitioned over 60 teens into permanency. Ruth has worked on behalf of Iowa's Youth since 1985. With a background in policy-making, therapy, inhome and recruitment/licensing/retention, there is no part of foster care or adoption she has not experienced. She currently offers support services to various homes through Iowa KidsNet and she is an adjunct professor at DMACC in addition to parenting biological, foster and adopted children.*

D6 - CPR & First Aid (Part 2 of 2)

(This is an all day course, participants must attend the full day in order to receive credit.)

See training description on page 11.

FRIDAY SCHEDULE

7:30-8:30am	Conference Registration					
Friday AM Session A Workshops 8:30am to 11:45am	A1 Lifelong Issues in Adoption <i>Trainer: Denise Leffingwell</i>	A2 Generation X, Y & Z - The Toxic Culture of Teens: The Impact of Media & Technology <i>Trainer: Mike McGuire</i>	A3 Creating Cultural Connections: Compassion Compels <i>Trainer: Tommy Ross</i>	A4 Mood Disorders in Children and Teens: What Does it Look Like and What Can We Do? <i>Trainer: Dr. Warren Phillips</i>	A5 Helping Children Heal <i>Trainer: Kim Combes</i>	A6 CPR & First Aid (Part 1 of 2) <i>Trainer: Mike Cormier</i>
11:45-1:15pm	Luncheon					
Friday PM Session B Workshops 1:15pm to 4:30pm	B1 It's a Package Deal: Your Child, Their Trauma <i>Trainer: Denise Leffingwell</i>	B2 Generation X, Y & Z - Toxic Culture of Teens: Relationships and other "Risky Business" <i>Trainer: Mike McGuire</i>	B3 Creating Cultural Connections: Connections Are Critical <i>Trainer: Tommy Ross</i>	B4 What You Need to Know When Caring for Drug Endangered Children <i>Trainers: Dr. Beth Schmitz & Jennifer Sleiter</i>	B5 Mandatory Child Abuse Reporter Training <i>Trainer: Diana Nicholls-Blomme</i>	B6 CPR & First Aid (Part 2 of 2) <i>Trainer: Mike Cormier</i>

SATURDAY SCHEDULE

7:30-8:30am	Conference Registration					
Saturday AM Session C Workshops 8:30am to 11:45am	C1 Helping Children Cope: How to Reduce Trauma During Placement Moves <i>Trainer: Denise Leffingwell</i>	C2 Adoption Assistance and Adoption Tax Credit <i>Trainer: Josh Krull</i>	C3 Creating Social Success for Asperger Youth - Foundation <i>Trainer: Monica Ryan-Rausch</i>	C4 Attachment & Trauma: Strategies for Positive Change <i>Trainer: Bruce Buchanan</i>	C5 Mandatory Child Abuse Reporter Training <i>Trainer: Diana Nicholls-Blomme</i>	C6 CPR & First Aid (Part 1 of 2) <i>Trainer: Mike Cormier</i>
11:45-1:15pm	Luncheon / General Membership Meeting					
Saturday PM Session D Workshops 1:15pm to 4:30pm	D1 Transitioning From Foster to Adoptive Parenting <i>Trainer: Denise Leffingwell</i>	D2 Get it Right! A Guide to Help Youth & Parents Find Their Way Through the Foster Care and Juvenile Justice System <i>Trainers: Terri Bailey & Annie Von Gillern</i>	D3 Creating Social Success for Asperger Youth - Practical Approaches <i>Trainer: Monica Ryan-Rausch</i>	D4 Bipolar or TDD - Trying to Understand the Difference <i>Trainer: Bruce Buchanan</i>	D5 The IMPACT - Sharing our Parents <i>Trainer: Ruth Buckels</i>	D6 CPR & First Aid (Part 2 of 2) <i>Trainer: Mike Cormier</i>



IFAPA CONFERENCE REGISTRATION FORM

CONFERENCE REGISTRATION FORM

1st Participant _____

2nd Participant _____

Mailing Address _____

City _____ State _____ Zip _____

Email _____

Home Phone _____ Cell Phone _____

I am a(n) Foster Parent Adoptive Parent Kinship Caregiver Social Worker

Tear out page and mail in with your payment to IFAPA.

Workshop Choices - Class sizes are limited.
Please specify your workshop preferences (i.e. A3) in the chart below.

Workshop Choices	Friday, March 2		Saturday, March 3	
	AM Workshop (8:30am-11:45am)	PM Workshop (1:15pm-4:30pm)	AM Workshop (8:30am-11:45am)	PM Workshop (1:15pm-4:30pm)
1st Participant	A ____	B ____	C ____	D ____
2nd Participant	A ____	B ____	C ____	D ____

Conference Attendees	Number of Participants		Cost per person		Total Cost
Two-Day Conference (includes one luncheon ticket for Friday & Saturday)		x	\$65 per person	=	
One-Day Conference (Attend Conference on Friday only or Saturday only, includes one luncheon ticket)		x	\$45 per person	=	
T-shirt Orders	Quantity of Shirts		Cost per person		Total Cost
Adult Shirts (sizes available Small-XXXL) Specify sizes here: _____		x	\$15 per shirt	=	
Kids Shirts (sizes available XS-Large) Specify sizes here: _____		x	\$10 per shirt	=	

Total Amount
\$

REGISTRATION DEADLINE - All registrations must be Postmarked or dropped off at the IFAPA office by TUESDAY, FEBRUARY 14, 2012.

Methods of payment accepted are check, money order and credit cards (online only).

CANCELLATION / REFUND DEADLINE IS FEBRUARY 14, 2012 - No Exceptions.

IFAPA will email a confirmation letter to attendees the week of Feb. 20th.

Please return this form with payment to:

IFAPA (6864 NE 14th St., Suite 5 - Ankeny, IA 50023)

Questions? Contact IFAPA at 800-277-8145 x 1 or e-mail Stephanie at smiles@ifapa.org



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Non-Profit Org
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Des Moines, Iowa
Permit # 4278

Conference
Registration
Deadline
is Tuesday,
Feb. 14

See early hotel
discounts &
reservation
deadlines
inside