

## Movies & Books Approved for Foster Parent In-service Training Credit

**A maximum of 3 credit hours per training cycle is allowed for Movies/Books**

**Movies receive 1 credit hour for each 2 program hours**

(Theatre and most TV movies are not approved.)

**Books receive 1 credit hour for every 100 pages read**

Foster Parents are required to submit a report (470-2540 Foster Parent Training Report) about what they read or viewed, including a summary of it and include what they learned and how it applies to increasing their skill as a foster parent.

**At least 30 days** before viewing the movie or reading a book, submit Foster Parent (In-service) Training Application (form 470-2541) request for Movies & Books to the Foster Family Program Manager in Central Office (Heather Davidson)

Movies, DVD, VCR, Cassette	Books	Credit Hour	Information
	<p><b><i>“Focusing on Peers: The Importance of Relationships in the Early Years”</i></b>                      Donna S. Wittmer 2008 Format: Paperback                      Pages: 164   <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>	1.5	<p>This unique book presents a state-of-the-art research review on the development of infant and toddler relationships. Author Donna S. Wittmer provides empowering information for improving the way early childhood professionals and caregivers support children's social and emotional intelligence. Her insight offers professionals a fresh perspective on the social rules of play, conflict, individual differences, temperament, aggression, and family dynamics. <i>Focusing on Peers</i> is designed as an educational and practical resource for professionals who work with infants, toddlers, and their families.</p>
	<p><b><i>“Hopes Boy”</i></b> Andrew Bridge                      Pages 303</p>	3	
	<p><b><i>Respecting Babies: A New Look at Magda Gerber’s RIE Approach</i></b>                      By Ruth Anne Hammond Pages 144  <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>	1	<p>Respecting Babies is a guidebook that will help parents and caregivers learn to provide support to babies and toddlers in a way that allows them to become confident explorers. Focusing on the importance of building secure relationships, this guide is an easy-</p>

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			to-read and engaging summary of the history and methods of care originally conceived by Magda Gerber, founder of the Resources for Infant Educators (RIE) program. This book highlights key elements of the RIE program and examines how to effectively put them to use. Readers will learn about the importance of following routines, using language, and creating safe environments in order to promote a child’s ability to experiment, explore, and learn.
	<p><b><i>“Diagnosis and Treatment of Feeding Disorders in Infants, Toddlers, &amp; Young Children”</i></b> Irene Chatoor 2009 Pages 141  <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>	1	Delays in development, as well as in growth, can occur when a feeding disorder arises. Irene Chatoor, MD, a world-renowned specialist in feeding disorders at Children's National Medical Center in Washington, DC, offers clinical guidelines for comprehensive diagnosis and treatment of feeding disorders in infants and toddlers. Grounded in the latest research and contemporary practice, the author discusses the consequences of early feeding problems and reviews relevant terminology, etiological factors, and how to distinguish serious feeding disorders from transient and milder feeding difficulties.
	<p><b><i>“The Early Intervention Guidebook for Families and Professionals: Partnering for Success”</i></b>  <i>Edited by Bonnie Keilty</i> Published by Teachers College Press Pages 216  <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>	2	This practical guide is essential reading for families of infants and toddlers with, or at risk for, developmental delays or disabilities and the early intervention professionals who partner with those families. <i>The Early Intervention Guidebook</i> shows what early intervention looks like when it is based on current research, policies, and best practices. It focuses on how families and professionals can collaborate effectively so that young children learn, grow, and thrive. Chapters address important issues in early intervention, including child learning and development, family functioning and priorities, early intervention as a support not a substitute, and thinking about “what’s next” after early intervention. Specific components of early intervention—evaluation and assessment, program planning, intervention implementation, service coordination, and transition—are discussed.

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	<p><b><i>“Building Literacy With Love: A Guide for Teachers and Caregivers of Children Birth Through Age 5”</i></b>            By Betty S. Bardige and Marilyn M. Segal            Pages 384  <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>	3	<p>Building Literacy With Love suggests loving ways adults can provide experiences that foster a child’s ability to become literate. This book offers practical suggestions for implementing effective, research-based teaching practices in child care settings. This practical guide will help professionals grasp the skills, concepts, and processes intrinsic to learning to read and write and presents ways adults can help. It also includes numerous fun and practical activities to promote phonemics, phonetic awareness, alphabetic knowledge, and fluency.</p>
	<p><b><i>“Hope and Healing: A Caregiver’s Guide to Helping Young Children Affected by Trauma”</i></b>            By Kathleen Fitzgerald Rice            and Betsy McAlister Groves            Pages 68  <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>	1	<p><i>Hope and Healing</i> is a guide for early childhood professionals who care for children in a variety of early care and education settings. The authors define trauma and help readers recognize its effects on young children. They also offer tips, resources, and proven intervention strategies for working with traumatized children and their families and for managing stress. This book will help professionals understand children and trauma and develop skills to help children and support families.</p>
	<p><b><i>Bringing Up Baby: Three Steps to Making Good Decisions in Your Child’s First Years</i></b>            By Claire Lerner and            Amy Laura Dombro            Pages 168  <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>	1.5	<p>Parents are faced with hundreds of questions in their child’s first years. Breast or bottle? Comfort a 6-month-old child now or let her cry? Allow some TV or none at all? Child care specialists Claire Lerner and Amy Dombro help parents sort through the confusion with a practical 3-step skill-building approach. In Step 1, parents learn to understand their own parenting style. The tips and techniques in Step 2 help parents better observe and understand their child’s feelings, and Step 3 shows parents how to use those observations to make healthy and effective decisions.</p>
	<p><b><i>“Special kids need special parents: A resource for parents of children with special needs.”</i></b> Lavin, J.L. (2001). New York: Berkley Books. Paperback Pages 336</p>	3	
	<p><b><i>“Extending the Dance in Infant &amp; Toddler Caregiving, Enhancing Attachment &amp; Relationships”</i></b> by Helen Raikes Paperback Pages 224</p>	2	

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	<p><b>“The Scientist in the Crib”</b> by Alison Gopnik Hardcover Pages 304</p>	3	<p><i>The Scientist in the Crib</i> explains how the infant mind works and explores how babies recognize and understand their fellow humans, interpret sensory input, absorb language, learn and devise theories, and take part in building their own brains.</p>
	<p><b>“The Secret Language of Babies”</b> by Sally &amp; Edwin Kiester Paperback Pages 192</p>	2	<p>Describes how babies communicate their needs. Babies express themselves in a “secret language” that relies on wriggles and gestures, smiles and pouts, coos and cries. <i>The Secret Language of Babies</i> interprets the subtle but important nuances of these nonverbal communications so you know what your child really wants and you can decide how best to react.</p>
<p><b>Learning through Observation DVD</b> By Lisa Zbar and Claire Lerner 65-minutes <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>		.5	<p>This video shows five practitioners in the infant–family field interacting with very young children and their families in a range of service settings, such as an Early Head Start home visit, a home visit with a child with special needs and his family, and drop off at a child care center. The DVD vignettes, each about 10 minutes long, are presented without narration so that students and teachers, practitioners, and supervisors can learn through observation.</p>
<p><b>Learning Happens DVD</b> By Claire Lerner and Rebecca Parlakian 60 minutes <a href="http://www.zerotothree.org/bookstore">www.zerotothree.org/bookstore</a></p>		.5	<p><i>Learning Happens</i> features 30 DVD vignettes that show parents and children—age birth to 3 years—interacting during everyday play and routines. These vignettes provide rich examples of how:</p> <ul style="list-style-type: none"> <li>• Development unfolds from birth to 3</li> <li>• Young children acquire school readiness skills through everyday interactions and activities</li> <li>• Parents and caregivers support children’s early learning and development through daily interactions and activities</li> </ul> <p>These vignettes serve as powerful tools for professionals to use both in direct work with families and for training other early child development professionals. They act as catalysts for discussion about all aspects of early development and provide vivid illustrations of the significant influence parents have in getting their young children ready for school.</p>

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<p><i>Ten Things Every Child Needs For the Best Start In Life!</i>  <u>T. Berry Brazelton</u> DVD 1 hour 2004</p>		.5	This DVD gives specific examples of what helps and what hinders healthy development.
<p><i>Discipline: Teaching Limits with Love</i>  <u>Dr. T. Berry Brazelton</u> 30 minutes 2005</p>		.5	
<p><i>The Baby Human</i> DVD 2004  152 minutes</p>		1	Focuses on vital psychological and motor skill advancements in infants from birth to 18 months: walking, thinking, and talking.
<p><i>The Baby Human 2</i> DVD 2009  155 Minutes</p>		1	The second series examines the developing mental capabilities of babies in the episodes "To Feel," "To Belong," and "To Relate."
<p><i>Baby Human: Geniuses in Diapers</i> DVD 2005  150 minutes</p>		1	Imagine you're suddenly thrust into a world where you can't speak, can barely move, and must unravel the meaning behind a maze of sounds and sights in order to survive. This is the world of the baby. For the first time, experience the first two years of a child's life just as they do. This groundbreaking program reveals what only the little ones know. What is their most profound need? How do they really see their parents? What does it feel like to struggle to walk or learn or speak? It's an incredible journey each of us has taken--but none of us remember. Get a carpet-and-crib eye view of the baby's world as they take their first humorous, death-defying, wondrous steps into life.
<p><i>Early Childhood and Brain Development: How Experience Shapes Child, Community and Culture</i> Dr. Bruce Perry 1 hour</p>		.5	In this one hour program, Dr. Perry speaks passionately about the critical role early developmental experiences play in shaping the child, and ultimately community and culture. This presentation is the best overview of the core concepts related to the impact of trauma and neglect on children and the practice, program and policy implications of maltreatment