

“Are We Having Fun Yet?” – Parenting With Humor

Finding it hard to find the humor in everyday situations that make you frustrated? The goal of this workshop is to encourage foster parents/care givers to maintain a sense of humor even in difficult situations. Humor and laughter in parenting can enhance health and well being. Humor can help build and strengthen connections and promote stability for kids in your home. This is an interactive workshop that will get you and keep you having some FUN!!!

Ruthann Jarrett

Ruthann Jarrett is a social worker, foster parent, and trainer with over 29 years of experience in the field of foster care and adoption. Ruthann has provided extensive training throughout the state and nationally, and has co-developed training curriculum. She has been a licensed foster parent for over 13 years. Ruthann was named Social Worker of the Year in 2007 by NFPA.