



March is National Reading Month

March 2nd is Read Across America Day. It is a national initiative on reading, created by the National Education Association (NEA) to coincide with the birthday of Dr. Seuss. All over the country, students will be participating in this event. The idea behind Read Across America is to encourage children to read and find a love of reading the whole year through. Many activities in schools on March 2nd will revolve around reading.

Why is reading with a child and encouraging them to read so important? According to the NEA's website, students who are read to and/or read themselves do better in many different areas including writing and math.

What can you do to encourage a love of reading?

- Read aloud to a child, especially a child who is an emerging or struggling reader. It helps with fluency.
- Have many different types of reading materials available. Have fiction, non-fiction, magazines, newspapers, etc.
- Talk to a child about what they like to read and make that kind available to them.
- Go to the library and let them spend time perusing all of the different books. Help steer them in the direction of books that fit their interests and are at their reading ability level. (Librarians can help, if you are unsure!)
- Set aside time to read. Maybe they can go to bed at the regular time, but they can leave the lights on for half an hour and read.
- Let children see YOU read. Be a good role model and take the time to read yourself.

Here is a list of great books from Scholastic.com for children by age:

0-3

***Pat the Bunny* by Dorothy Kunhardt**

***Grumpy Bird* by Jeremy Tankard**

***The Very Hungry Caterpillar* by Eric Carle**



JERILYN KENDIG

IFAPA Peer Liaison

How to Contact Me:

844-256-5328

515-277-0330

jkendig@ifapa.org

I UNDERSTAND... I AM A FOSTER PARENT TOO

IFAPA recognizes that foster parents often need the perspective of peers during the foster parenting and adoption experience.

I can provide support and assist you with questions regarding:

- Licensing requirements
- Training needs
- Respite care
- Behavior challenges
- Working with birth families
- Confidentiality issues
- And much more!

NEWS FROM YOUR IFAPA PEER LIAISON

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According to Time magazine here are some of the best teen books of all time:

***Jacob Have I Loved* by Katharine Paterson**
***The Fault in Our Stars* by John Green**
***Whale Talk* by Chris Crutcher**

**You're never too old, too wacky, too wild,
 To pick up a book and read with a child.**

~Dr. Seuss



MARCH TRAININGS – To Register, please call 1-800-277-8145 ext. 1

Date & Time	Name of Training & Trainer	Credit	Location
Saturday, Mar. 5, 2016 (9am-12:15pm)	<u>A Guide to Childhood Developmental Trauma in Kids with Special Needs</u> (Jolene Philo)	3 hours	Ankeny IFAPA Training Cntr 6864 NE 14th St, Suite 5
Saturday, Mar. 5, 2016 (1:15pm-4:30pm)	<u>How to Organize Time & Paperwork While Raising Kids with Special Needs</u> (Jolene Philo)	3 hours	Ankeny IFAPA Training Cntr 6864 NE 14th St, Suite 5
Saturday, Mar. 12, 2016 (9am-12:15pm)	<u>The Good Enough Parent: Promoting Mental Health in Young Children</u> (Dorothy Lifka, LISW)	3 hours	Ames Youth & Shelter Services (YSS) 420 Kellogg Ave, Youth Activity Center



Bookworm Bookmark Craft

www.freekidscrafts.com

Supplies

- Construction Paper
- Pencil
- Scissors
- Wiggle Eyes
- Glue Stick
- Markers or Colored Pencils
- Large Bottle Cap or Small Plastic Lid to Trace Around

Instructions

1. Trace six times around a Snapple cap or other bottle cap onto a piece of construction paper. Cut out the circles.
2. Glue the circles together in a row to make a worm.
3. Glue on wiggle eyes.
4. Cut out or write the letters "READ!" on the circles.

