

NCIFAPA Newsletter.....September 2010

Trainings: All **Trainings** Listed below will be held at the Mohawk Square at DHS' Liberty Room office - 22 N. Georgia, Mason City. (Unless noted otherwise)
 Doors open at 6:30 pm with the speaker from 7-9 pm except for **April's training**...doors will open at 5:30 with the speaker from 6-9 pm. Feel free to bring a snack to share for all support groups.

September 29	DHS/IKN/IFAPA- Roundtable Discussion	2 hours credit (food provided)
October 19	John Church-Attachment Disorders	2 hours credit
November 16 (Combined with Charles City Group)	Edith Haenel/Jackie Pederson-Transforming Behaviors of Challenging Children...lying, stealing, hoarding, etc.	2 hours credit
December	No meeting	
January 18	Pam Jones-Domestic Violence	2 hours credit
February 15	Shelby Zirbel-Parent Partners-supporting birth parents, role models	2 hours credit
March 15	Mike McGuire-Effects of Media on Teenagers	2 hours credit
April 19	Nancy Magnall-Responding to Sexual Behaviors (IFAPA Module)	3 hours credit
May	May Appreciation-TBA	TBA

Would you consider donating \$5.00 at support groups? Most Trainers charge a fee to speak to our group. Our group receives \$100 per year to use toward trainers, special events and food. We will spend \$300-\$350 this year for the trainers listed above. Foster parents receive a yearly stipend of \$100 to be used toward training expenses that are incurred. There will be a donation jar available at support groups if you would like to help with expenses.

All subsidized adoptive parents, are encouraged to attend support group at 6:00. (Cerro Gordo, Worth, Winnebago, Hancock, Mitchell, Floyd, Worth and Franklin Counties) We will utilize the first ½ hour to meet other adoptive parents and discuss matters that are important to you. The next ½ hour can be spent networking with other adoptive/foster parents. If the training listed above is pertinent to you, please feel free to stay. If you have questions, call Corinne Sills at 641-201-0180 or email Corinne.sills@siowa.org

Licensing Deadline for Training Requirements	
If you were licensed in the following month:	All of your trainings classes must be completed by the following date:
October 2009	July 31, 2010
November 2009	August 31, 2010
December 2009	September 30, 2010
January 2010	October 31, 2010
February 2010	November 30, 2010
March 2010	December 2010
April 2010	January 31, 2011
May 2010	February 28, 2011
June 2010	March 31, 2011
July 2010	April 30, 2011
August 2010	May 31, 2011
September 2010	June 30, 2011

CPR & First Aid Classes

With October quickly approaching, we want to remind all foster parents that were licensed by or prior to October 1, 2009 that they need to be certified in CPR and First Aid. This training must be completed by October 1, 2010, and needs to be done through a nationally recognized training organization or by an equivalent certified trainer. Foster parents shall maintain a certificate indicating the date of training and expiration. Internet training classes, including part internet/part in-person classes will NOT fulfill your CPR and First Aid training requirement.

Please check with your local American Red Cross, American Heart Association, Child Care Resource & Referral office, local hospital, or local community college to find a class near you. You can also check out IFAPA's list of upcoming support group trainings (www.ifapa.org/training/support_group_trainings.asp), there are some NW Iowa area CPR and First Aid classes listed.

IFAPA understands that this is a new requirement that DHS has issued for foster families; however, please be aware that IFAPA is not able to provide enough CPR and First Aid trainings to accommodate all of the foster families in Iowa. Class sizes are limited due to the equipment needed and ratios of trainer to trainee required by the Red Cross and American Heart Association.

All of the CPR and First Aid trainings offered in the months of August and September through IFAPA are COMPLETELY FULL. There is no longer a waiting list for these classes, as all participants have paid for their training. The chance of someone canceling is unlikely, as there is no reimbursement for these classes offered through IFAPA. IFAPA will not be offering anymore CPR and First Aid trainings prior to October 1, 2010. The next set of CPR and First Aid classes through IFAPA will begin in January.

Medication Management

As part of the new DHS Rules, foster parents are required to take Medication Management Training. All foster parents must have this requirement completed by October 1, 2010. In order to complete this requirement, foster parents must read the "Medication Management" booklet (*see link below*) and answer the ten review questions on pages 14 and 15 of this booklet. Foster parents must turn in their completed questionnaire to their Iowa KidsNet Licensing Worker in order to receive credit for completing this required course.

This training is worth one hour of foster parent training credit and only needs to be completed one time.

NORTHERN SERVICE AREA #2			
(Fort Dodge, Mason City & Waterloo areas) see new DHS Service Area Map			
Date & Time	Name of Training	Credit	Location
Aug. 28, 2010 12pm-4:15pm	CPR & First Aid Cost: \$25 per person CLASS FULL - No waiting list	4 hours	Mason City
Sept. 11, 2010 12pm-4:15pm	CPR & First Aid Cost: \$25 per person CLASS FULL - No waiting list	4 hours	Marshalltown
Sept. 18, 2010 12pm-4:15pm	CPR & First Aid Cost: \$25 per person CLASS FULL - No waiting list	4 hours	Waterloo
Sept. 25, 2010 1pm-5:15pm	CPR & First Aid Cost: \$25 per person CLASS FULL - No waiting list	4 hours	Decorah
Oct. 9, 2010 1pm-4:15pm	Darkness to Light's Stewards of Children Child Sexual Abuse Prevention	3 hours	Waterloo Hawkeye CC

Oct. 16, 2010 8:30-11:45am	<u>Mandatory Child Abuse Reporter Training</u>	3 hours	Waverly LSI Office
Oct. 23, 2010 9am-4:30pm	<u>People of Color: Skin and Hair Care with a Familiar Twist</u>	6 hours	Cedar Falls Holiday Inn University
Nov. 6, 2010 9am-4:30pm	<u>Preventative Practices II: Updated Strategies for Minimizing the Risk of Child Abuse Allegations in Your Home</u>	6 hours	Waverly Vineyard Church
Nov. 20, 2010 9am-4:30pm	<u>Beyond Consequences: A Love Based Approach to Helping Children with Severe Behaviors</u>	6 hours	Mason City NIACC
Dec. 4, 2010 9am-4:30pm	<u>Managing Your Child/Teen's Behavior: 7 Ways to Foster Love, Respect & Comm.</u>	6 hours	Marshalltown AEA 267
Dec. 11, 2010 1pm-4:15pm	<u>My Brother, My Sister: Sibling Relationships in Adoption & Foster Care</u>	3 hours	Waterloo Waterloo Library

Movies & Books Approved for Foster Parent In-service Training Credit

***A maximum of 3 credit hours per training cycle is allowed for Movies/Books**

***Movies receive 1 credit hour for each 2 program hours (Theatre and most TV movies are not approved.)**

***Books receive 1 credit hour for every 100 pages read**

Foster Parents are required to submit a report (470-2540 Foster Parent Training Report) about what they read or viewed, including a summary of it and include what they learned and how it applies to increasing their skill as a foster parent.

At least 30 days before viewing the movie or reading a book, submit Foster Parent (In-service) Training Application (form 470-2541) request for Movies & Books to the Foster Family Program Manager in Central Office (Heather Davidson)

Movies, DVD, VCR, Cassette Books Credit Hour Information

“Focusing on Peers: The Importance of Relationships in the Early Years”

Donna S. Wittmer 2008 Format: Paperback

Pages: 164

www.zerotothree.org/bookstore 1.5

This unique book presents a state-of-the-art research review on the development of infant and toddler relationships. Author Donna S. Wittmer provides empowering information for improving the way early childhood professionals and caregivers support children's social and emotional intelligence. Her insight offers professionals a fresh perspective on the social rules of play, conflict, individual differences, temperament, aggression, and family dynamics.

Focusing on Peers is designed as an educational and practical resource for professionals who work with infants, toddlers, and their families.

“Hopes Boy” Andrew Bridge

Pages 303 3

Respecting Babies: A New Look at Magda Gerber’s RIE Approach

By Ruth Anne Hammond Pages 144

www.zerotothree.org/bookstore

1

Respecting Babies is a guidebook that will help parents and caregivers learn to provide support to babies and toddlers in a way that allows them to become confident explorers. Focusing on the importance of building secure relationships, this guide is an easy to-read and engaging summary of the history and methods of care originally conceived by Magda Gerber, founder of the Resources for Infant Educarers (RIE) program. This book highlights key elements of the RIE program and examines how to effectively put them to use. Readers will learn about the importance of following routines, using language, and creating safe environments in order to promote a child’s ability to experiment, explore, and learn.

“Diagnosis and Treatment of Feeding Disorders in Infants, Toddlers, & Young Children” Irene Chatoor 2009 Pages 141

www.zerotothree.org/bookstore

1

Delays in development, as well as in growth, can occur when a feeding disorder arises. Irene Chatoor, MD, a world-renowned specialist in feeding disorders at Children's National Medical Center in Washington, DC, offers clinical guidelines for comprehensive diagnosis and treatment of feeding disorders in infants and toddlers. Grounded in the latest research and contemporary practice, the author discusses the consequences of early feeding problems and reviews relevant terminology, etiological factors, and how to distinguish serious feeding disorders from transient and milder feeding difficulties.

“The Early Intervention Guidebook for Families and Professionals: Partnering for Success”

Edited by Bonnie Keilty Published by Teachers

College Press Pages 216

www.zerotothree.org/bookstore 2

This practical guide is essential reading for families of infants and toddlers with, or at risk for, developmental delays or disabilities and the early intervention professionals who partner with those

families. *The Early Intervention Guidebook* shows what early intervention looks like when it is based on current research, policies, and best practices. It focuses on how families and professionals can collaborate effectively so that young children learn, grow, and thrive. Chapters address important issues in early intervention, including child learning and development, family functioning and priorities, early intervention as a support not a substitute, and thinking about “what’s next” after early intervention. Specific components of early intervention— evaluation and assessment, program planning, intervention implementation, service coordination, and transition—are discussed.

“Building Literacy With Love: A Guide for Teachers and Caregivers of Children Birth Through Age 5”

By Betty S. Bardige and Marilyn M. Segal
Pages 384

www.zerotothree.org/bookstore

3

Building Literacy With Love suggests loving ways adults can provide experiences that foster a child’s ability to become literate. This book offers practical suggestions for implementing effective, research-based teaching practices in child care settings. This practical guide will help professionals grasp the skills, concepts, and processes intrinsic to learning to read and write and presents ways adults can help. It also includes numerous fun and practical activities to promote phonemics, phonetic awareness, alphabetic knowledge, and fluency.

“Hope and Healing: A Caregiver’s Guide to Helping Young Children Affected by Trauma”

By Kathleen Fitzgerald Rice
and Betsy McAlister Groves
Pages 68

www.zerotothree.org/bookstore

1

Hope and Healing is a guide for early childhood professionals who care for children in a variety of early care and education settings. The authors define trauma and help readers recognize its effects on young children. They also offer tips, resources, and proven intervention strategies for working with traumatized children and their families and for managing stress. This book will help professionals understand children and trauma and develop skills to help children and support families.

Bringing Up Baby: Three Steps to Making Good Decisions in Your Child’s First Years

By Claire Lerner and
Amy Laura Dombro
Pages 168

www.zerotothree.org/bookstore

1.5

Parents are faced with hundreds of questions in their child’s first years. Breast or bottle? Comfort a 6-month-old child now or let her cry? Allow some TV or none at all? Child care specialists Claire Lerner and Amy Dombro help parents sort through the confusion with a practical 3-step skill-building approach. In Step 1, parents learn to understand their own parenting style. The tips and techniques in Step 2 help parents better observe and understand their child’s feelings, and Step 3 shows parents how to use those observations to make healthy and effective decisions.

“Special kids need special parents: A resource for parents of children with special needs.” Lavin, J.L. (2001). New York: Berkley Books. Paperback Pages 336

3

“Extending the Dance in Infant & Toddler Caregiving, Enhancing Attachment & Relationships” by Helen Raikes Paperback Pages 224

2

“The Scientist in the Crib” by Alison Gopnik Hardcover Pages 304

3

The Scientist in the Crib explains how the infant mind works and explores how babies recognize and understand their fellow humans, interpret sensory input, absorb language, learn and devise theories, and take part in building their own brains.

“The Secret Language of Babies” by Sally & Edwin Kester Paperback Pages 192

2

Describes how babies communicate their needs. Babies express themselves in a “secret language” that relies on wriggles and gestures, smiles and pouts, coos and cries. *The Secret Language of Babies* interprets the subtle but important nuances of these nonverbal communications so you know what your child really wants and you can decide how best to react.

Learning through Observation DVD

By Lisa Zbar and Claire Lerner
65-minutes

www.zerotothree.org/bookstore

.5

This video shows five practitioners in the infant–family field interacting with very young children and their families in a range of service settings, such as an Early Head Start home visit, a home visit with a child with special needs and his family, and drop off at a child care center. The DVD vignettes, each about 10 minutes long, are presented without narration so that students and teachers, practitioners, and supervisors can learn through observation.

Learning Happens DVD

By Claire Lerner and Rebecca Parlakian
60 minutes

www.zerotothree.org/bookstore

.5

Learning Happens features 30 DVD vignettes that show parents and children—age birth to 3 years—interacting during everyday play and routines. These vignettes provide rich examples of how:

- Development unfolds from birth to 3
- Young children acquire school readiness skills through everyday interactions and activities
- Parents and caregivers support children’s early learning and development through daily interactions and activities

These vignettes serve as powerful tools for professionals to use both in direct work with families and for training other early child development professionals. They act as catalysts for discussion about all aspects of early development and provide vivid illustrations of the significant influence parents have in getting their young children ready for school.

***Ten Things Every Child Needs For
the Best Start In Life!***

T. Berry Brazelton **DVD** 1 hour 2004
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This DVD gives specific examples of what helps and what hinders healthy development.

***Discipline: Teaching Limits with
Love***

Dr. T. Berry Brazelton 30 minutes
2005
.5

The Baby Human DVD 2004

152 minutes
1

Focuses on vital psychological and motor skill advancements in infants from birth to 18 months: walking, thinking, and talking.

The Baby Human 2 DVD 2009

155 Minutes
1

The second series examines the developing mental capabilities of babies in the episodes "To Feel," "To Belong," and "To Relate."

***Baby Human: Geniuses in Diapers
DVD 2005***

150 minutes
1

Imagine you're suddenly thrust into a world where you can't speak, can barely move, and must unravel the meaning behind a maze of sounds and sights in order to survive. This is the world of the baby. For the first time, experience the first two years of a child's life just as they do. This groundbreaking program reveals what only the little ones know. What is their most profound need? How do they really see their parents? What does it feel like to struggle to walk or learn or speak? It's an incredible journey each of us has taken--but none of us remember. Get a carpet-and-crib eye view of the baby's world as they take their first humorous, death-defying, wondrous steps into life.

***Early Childhood and Brain
Development: How Experience
Shapes Child, Community and
Culture*** Dr. Bruce Perry 1 hour

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In this one hour program, Dr. Perry speaks passionately about the critical role early developmental experiences play in shaping the child, and ultimately community and culture. This presentation is the best overview of the core concepts related to the impact of trauma and neglect on children and the practice, program and policy implications of maltreatment

To request approval for a book or movie not included on the approved list, submit [form #470-2541 - Foster Parent Training Application](#) to DHS **AT LEAST 30 DAYS** before viewing the movie or reading the book. Send the form: to Heather Davidson, Foster Family Program Manager (DHS Division of Adult, Children & Family Services, 5th floor, 1305 E. Walnut St., Des Moines, IA 50319-0114). Approved movies will receive 1 credit hour for each two program hours; theatre and most TV movies are not approved for credit. Approved books receive 1 credit hour for every 100 pages read.

**2010 EyesOpenIowa Annual
Pre-Conference & Conference
October 5 - 6, 2010**

**Drake University - Olmsted Center
Des Moines, Iowa**

***The Future is Now:
Trends in Adolescent Sexual Health***

**with Keynote Speaker
James Wagoner, Advocates for Youth**

**and Plenary Session by
Dr. Warren Blumenfeld, Iowa State University**

***Tuesday, October 5, Pre-Conference
1:00 p.m. - 4:30 p.m.***

***Program Development & Grant Writing
with Ron Mirr, RM Consulting, Iowa City***

Where:

**DRAKE UNIVERSITY
OLMSTED CENTER
Des Moines, Iowa**

When:

**Tuesday, October 5
Pre-Conference**

EyesOpenIowa's annual pre-conference and conference will once again bring together educators, providers, and allies to Des Moines for a full day and a half of information sharing and networking.

For our pre-conference on October 5th, **Ron Mirr, RM Consulting**, will offer his expertise as a grant writer who has helped organizations throughout Iowa secure over \$100 million in grants. This workshop will not be specific to agencies that address adolescent sexual health so we encourage attendance by all who seek grant opportunities for their organizations.

1:00 - 4:30 p.m.

Wednesday, October 6
Conference
8:00 a.m. - 4:00 p.m.

Cost:

Oct. 5, Pre-Conference, \$40
Oct. 6 Conference only, \$80
Both days, \$110.00

Accommodations:

Holiday Inn Express at Drake
\$84.00 plus tax per night
515-255-4000

James Wagoner, CEO and President of Advocates for Youth, leads off the October 6 conference with his keynote, "Future Trends, Immediate Opportunities." A public policy and adolescent sexual health expert, Mr. Wagoner is a true advocate in the field and has conducted presentations both nationally and internationally.

Workshops topics include using social media to engage teens; "vampire" obsession and youth sexuality; and engaging young men in preventing violence against young women. In the closing Plenary Session, **Dr. Warren Blumenfeld, Iowa State University**, will discuss "Social Identity and Impact on Educational Outcomes" to wrap up this year's conference.

Upon returning to your communities, we hope you will have collected new ideas to incorporate into the great work you are doing with youth.

Plan to join us by clicking on the link below to register!

REGISTER NOW!

Use the "Forward email" link below to send far and wide to your network of friends and colleagues!

Conference registration will be conducted *online only*. Payment can be made online by credit card or by mailing a check. Early bird registration is through September 20 so register now!

Thank you very much for your time. We look forward to seeing you in October.

Sincerely,

Joy Esposito, Project & Advocacy Coordinator

EyesOpenIowa: Your Connection to Adolescent Sexual Health

joy@eyesopeniowa.org

515-276-6788