

## **SUPPORT GROUP TRAINING SUGGESTIONS**

Support group leaders are often looking for suggestions of trainings and trainers they can access locally to supplement the trainings offered by IFAPA. Here is a list of suggestions of local resources that have been utilized by various support groups around the state. Your local ISU Extension Office, local AEA, area therapists, and medical personnel are often great resources for group trainings.

Always make sure you contact DHS for approval of training credit for of any training you arrange for locally.

CASA Program by local CASA representative  
Foster Care Review Board by local board member  
Effects of Domestic Abuse on Children by local domestic violence shelter representative  
Talking with Teens About Sexuality by local women's medical center  
Aging Out video by Casey Family Programs  
Aging Out information by area DHS transition specialist  
Mental Health Advocacy by Mid Iowa Family Therapy  
Family Team Meetings by local team meeting facilitator  
Elevate Group for Teens by local Elevate group members  
Drug Abuse in Juveniles by local drug rehabilitation center  
IEP Information by local AEA representative  
Vocational Rehabilitation information by local voc-rehab center  
Aftercare and PAL programs by local Aftercare worker  
Autism information by local AEA representative  
Drug Identifiers by local sheriff department  
Child Health Specialty Clinics Information by representative of CHSC  
Special Needs Children—Their Challenges, Their Victories by Special Olympics rep  
Various programs on family, nutrition, parenting issues, etc. by ISU Extension personnel  
Bowel and Bladder Control by local physical therapist  
RAD info by local therapist  
Keeping our Children Safe by DNR spokesperson  
Info from area child abuse screening agency  
Diagnosing and Treating Drug Exposed Infants and Children by AEA representative  
Share Food Program by local Share coordinator  
Moms Off Meth Panel  
Bipolar Illness and Depression by are Bipolar Support Group  
Various mental health topics by NAMI representative  
Keeping Children Safe from Predators by local police department  
Training on Foster Parent Handbook by local DHS personnel  
WIC Program by local WIC representative  
Bullying Information from local school personnel  
First Aid from local Red Cross or medical personnel  
Juvenile Court Information by local GAL or juvenile judge  
Grief and Loss Issues by local therapist  
Car Seat Safety by local certified car seat technician

Child Welfare Issues and the Legislature by local panel of legislators  
Intensive Supervision Program for Juveniles by local JCO  
Play Therapy by local play therapist  
Decategorization and Empowerment by local Decat/Empowerment Coordinator  
Working with Sexually Abused Children by local therapist  
Concurrent Planning by local DHS supervisor  
DHS Update from local Service Area Manager or designee  
Disability Navigators Program by Iowa Workforce Development staff  
EPSDT Program by local public health department  
Preparing a Child for Adoption by local DHS adoption worker  
Current DHS information from area DHS Social Worker III Supervisor  
Current KidsNet information from area KidsNet Service Area Leader

If you have other suggestions to add to our list, please email IFAPA staff member Nancy Magnall at [magnall\\_ifapa@msn.co](mailto:magnall_ifapa@msn.co)