

**Surviving the Trauma Drama: A Guide to Parenting Explosive, Defiant & Aggressive Children & Adolescents**

This workshop offers insight into the difficult dance between poorly-regulated children and their often frustrated foster and adoptive parents. Participants will gain a new understanding of the impact of trauma and loss on foster and adopted children's developing brains and the neurological and emotional deficits that can drive their explosive, defiant and aggressive behaviors. Participants will also learn new approaches and specific parenting tools for managing children's explosive, non-compliant and aggressive behaviors.

**Trainer: Dee Paddock, MA, MTS**

Dee Paddock, MA, MTS is a psychotherapist who works with children and adolescents in residential treatment at Orchard Place in Des Moines, Iowa. She has extensive experience in child and adolescent mental health issues, particularly trauma, attachment and grief and loss.