

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Beyond Parenting 101

Ever been curious about whether you are an authoritarian or permissive parent? Ever wondered if your parenting style “works” the same with every child in your home? This interactive session will include definitions of parenting styles and put them together with parenting attitudes and beliefs. You will learn to share your attitudes and enhance the relationships you have with your children. Breaking parenting down into 5 styles, Steven Bavlok PhD, will help you join with the needs of your child and increase the understanding of their developmental abilities.

Approved for 6 Hours of Foster Parent Credit

About the Trainer:

Debra Younger

Debra graduated with her Master's in Professional Counseling from Liberty University with highest honors. Debra's experience includes Pastoral Counseling and Mental Health Counseling. Debra's areas of specialization include: EMDR, attachment issues, abuse and trauma, grief and loss, anxiety, depression, chronic illness, and spiritual struggles/issues.

Debra has also been an RN for over 30 years and worked in both home health and hospice fields. Debra's work as a nurse included helping with grief and loss due to chronic illness, death and dying with dignity.

Debra believes that each individual has an inherent ability to find healing and wholeness. It is Debra's desire to walk with each client on their unique journey. She has taught classes in “How to work with those dealing with grief and loss”, and “How to trauma proof your child”; as well as many on parenting, child development, health and wellness and self-care.



HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

