

Teen Anger: How to Regulate Your Home Atmosphere!

Teen angst and anger are universal and typically scary to both parents and teens. This workshop will explore anger from the teen's perspective. Teens tell caregivers much about themselves when they unleash their inner poison. Listening to the messages beneath those emotions help parents know how to identify and adjust to their young person's emotional needs. Participants will examine the many faces of anger and factors that push anger out of control while learning ways to step out of harmful family cycles and into patterns that strengthen the teen/parent relationship.

Trainer: Kim Combes, LBSW, M. Ed.

Kim is a knowledgeable and experienced trainer in the areas of foster care and adoption. Along with being a foster and adoptive parent, he is a family therapist and provides training for DHS, churches, youth groups and other conferences nationally and statewide. He has written a training curriculum for the Child Welfare Institute of Atlanta, Georgia.

Trainer: Terri Bailey

Terri Bailey has been a foster/adoptive parent for over 20 years. Her family presently consists of several children ranging in age from 17-29 years old. She began her foster care career as one of the first Treatment foster parents in 1987 for LSI. In 1992, she was certified as a FOCUS (Enhanced) foster parent, which was a level of care that deals with children who have extreme behaviors and mental health issues.

PARENTS BRING YOUR TEENS & LEARN TOGETHER!!!

This class is for parents and their teens.

Teens are not required to attend, but are welcome to attend with a parent(s).