

FOSTER PARENT TRAINING GUIDE SHEET



Licensing Worker: _____ Phone number: _____

Licensing Agency: _____

Date Licensed: _____ Date of Renewal: _____

- All foster homes are required to obtain at least 6 hours of continuing education each year, at least three hours must be in a group setting.
- You will submit your certificates as proof of credit to your Iowa KidsNet licensing worker.
- You will need to submit the Foster Parent Training Report (form 470-2540) to your Iowa KidsNet licensing worker 30 days after your in-service training.
- Form #470-2540 can be found on the IFAPA website at www.ifapa.org/pdf_docs/470-2540.pdf.
- Foster parents must complete all of their training requirements two months prior to their relicensing. See our Training Requirements page for your relicensing training deadlines (www.ifapa.org/training/training_requirements.asp).
- You must make application for renewal of your license by contacting your Iowa Kidsnet licensing worker by phone or e-mail at least 30 days and no more than 90 days before your expiration date.

Training needs to be completed by:	Training was completed on:	MANDATORY CLASSES
		The following classes are mandatory and must be completed within the first year of licensure.
		<p>CPR & First Aid (www.ifapa.org/training/CPR_first_aid.asp)</p> <ul style="list-style-type: none"> • Must be taken in the first year of licensure, and then every three years thereafter. • Must be certified through a nationally recognized training organization (i.e. American Red Cross or American Heart Association) • IFAPA offers a combined CPR & First Aid course, class times/locations are posted online. • If not offered in your area, other class options are also posted on our website. • Full or partial online training classes will not meet this training requirement.
		<p>Mandatory Child Abuse Reporter Training (www.ifapa.org/training/mandatory_reporter_training.asp)</p> <ul style="list-style-type: none"> • Must be taken in the first year of licensure, and then every five years thereafter. • The IFAPA website lists class opportunities offered through IFAPA and online. • Other venues that may offer this course include your local support group, community college, hospital, AEA, or DHS. • It is important that the class offers two hours of child-abuse content in order to receive foster parent credit. (If a course offers only one hour of child-abuse content and one hour of dependent-adult abuse content, it does <u>NOT</u> qualify for foster parent credit.)
		<p>Medication Management Training (www.ifapa.org/training/Medication_Management.asp)</p> <ul style="list-style-type: none"> • Only needs to be completed in the first year of licensure and is worth one hour of credit. • Medication Management is a self-instructional booklet that provides basic information on how to manage the medication needs of children in your care. • After reading, parents must complete the ten review questions at the end of the booklet. • Turn in completed questionnaire to your Iowa KidsNet Licensing Worker

Questions? Contact IFAPA at 800-277-8145 ext. 1 or smiles@ifapa.org.

This Guide Sheet is for your records only, not for submission to your licensing worker.

IFAPA offers a variety of different training topics for foster parents. Please use this sheet as a guide to identify a training that meets your specific needs. Please take a look at our training pamphlet, one of our newsletters or visit the training section of our website to find the classes, dates and locations of where they are currently being offered. Please understand that IFAPA offers these classes on a rotating schedule, so you may be interested in a training that is not currently being offered, but may in the future.

Topics	Training Options Available Through IFAPA
Attachment Issues	<ul style="list-style-type: none"> • The World of Attachment, Trauma, and Bonding • Fostering Hope & Attachment w/Youth in Foster & Adoptive Families
Cultural Awareness	<ul style="list-style-type: none"> • People of Color: Skin & Hair Care with a Familiar Twist • Responding to Cultural Differences - What's a Parent to Do • Promoting Healthy Growth & Development of Gay, Lesbian, Bisexual, Transgender & Questioning (GLBTQ) Youth in Foster Care
Domestic Violence	<ul style="list-style-type: none"> • Supporting Children Exposed to Domestic Violence
Foster Parent Required Classes	<ul style="list-style-type: none"> • CPR & First Aid • Mandatory Child Abuse Reporter Training • Caring for Children with HIV (<i>requirement to take an HIV placement</i>)
Managing Behaviors	<ul style="list-style-type: none"> • "Can You Hear Me Now?" Learn How to Effectively Manage Behaviors in Your Home
Managing Stress	<ul style="list-style-type: none"> • Interpersonal Stress Management • For Better or Worse...Couples Who Foster - Strategies for Success • Vicarious Trauma
Minimizing Your Risk	<ul style="list-style-type: none"> • Preventative Practices II: Updated Strategies for Minimizing the Risk of Child Abuse Allegations in Your Home
Parenting Teens	<ul style="list-style-type: none"> • Dangerous Playgrounds: Drug Awareness & Trends • Teen Anger: How to Regulate Your Home Atmosphere • Transitioning Resources - A Toolbox for Transitioning
Sexual Abuse	<ul style="list-style-type: none"> • Darkness to Light's Stewards of Children – Child Sexual Abuse Prev. • Understanding & Responding to the Sexual Behaviors of Children & Adolescents
Substance Abuse	<ul style="list-style-type: none"> • Dangerous Playgrounds: Drug Awareness & Trends
Trauma History	<ul style="list-style-type: none"> • The World of Attachment, Trauma, and Bonding • Trauma Informed Care

In addition to the classes listed above, the IFAPA website also contains a list of trainings offered by support groups, other organizations and online training classes. Check out the training section of our website for more information.

Please remember to plan ahead for training. In the event of a last minute crisis or emergency, a weather cancellation, or if IFAPA has less than 10 people enrolled and has to cancel the class, you might not be able to attend the class you planned to attend. Please schedule your training far enough away from your renewal date, that if you have to cancel and re-schedule, you have the ability to do so. Children are not permitted in the trainings. Day care is not provided.

Inclement Weather / Class Cancellation Policy

During the winter months, bad weather can happen. We try our best to avoid cancelling trainings. If the trainer is able to make it to the training location and the facility is open, IFAPA will still hold the class for those families that need to get their training hours completed. If you feel the weather is too dangerous to travel, please stay home and you can register for a different upcoming class.

If a class needs to be cancelled, we will make every effort to notify all attendees of the cancellation via e-mail or phone. IFAPA will also list all class cancellations on our Training Coordinator's voicemail. If you would like to find out if any classes have been cancelled due to weather, please call 800-277-8145 ext. 2.